College Mission . . .

Building on a foundation of Christian values, the mission of Aitken College is to enable students to become informed and compassionate members of the wider community by inspiring academic achievement and creativity, nurturing self worth, encouraging environmental responsibility and committing to service with and for others.

Important Diary Dates for 2013

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<th>Day</th>
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<th>Event</th>
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<tr>
<td>Tue</td>
<td>13 Aug</td>
<td>Parent Teacher Interviews (Prep–5)</td>
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<tr>
<td>Thu</td>
<td>22 Aug</td>
<td>Parent Teacher Interviews (Prep–12)</td>
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<tr>
<td>Fri</td>
<td>23 Aug</td>
<td>Professional Learning Day (student free)</td>
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<tr>
<td>Fri</td>
<td>20 Sep</td>
<td>Term 3 concludes</td>
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<td>Mon</td>
<td>07 Oct</td>
<td>Term 4 commences</td>
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<td>Mon</td>
<td>04 Nov</td>
<td>Mid Term Break</td>
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<td>Tue</td>
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<td>Melbourne Cup Day Holiday</td>
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<td>Fri</td>
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<td>Report Writing Day (student free)</td>
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<td>Mon</td>
<td>09 Dec</td>
<td>Presentation Night (Years 3 to 12)</td>
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<td>Wed</td>
<td>11 Dec</td>
<td>Term 4 concludes</td>
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Term dates for 2013

<table>
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<tr>
<th>Term</th>
<th>Start Date</th>
<th>End Date</th>
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<tr>
<td>Term 3</td>
<td>22 July</td>
<td>20 September</td>
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<tr>
<td>Term 4</td>
<td>7 October</td>
<td>11 December</td>
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BOOK TICKETS FOR THIS YEAR’S MUSICAL AT: www.trybooking.com

From the Principal

After a wonderful break, I encourage all students to settle back into the school routine quickly. Year 12 students in particular will find that their days to the end of school will pass quickly so they are reminded to make the most of their opportunities.

We welcome back our students who travelled to Indonesia who had an opportunity to immerse themselves in Indonesian cultural activities and practice their language skills. From all accounts it was an amazing experience.

I encourage you to support the students in the College Musical by attending one of the shows. This year’s musical is ‘Honk’, the story of the Ugly Duckling and it will be lots of fun for young and old.

In the Chaplain’s corner, Rev Jeanne Beale is looking for families and friends who would like to participate in setting up a monthly Sunday worship here at the College. If you are interested please get in touch with her.

I invite parents to attend the next Parents and Friends Association meeting held upstairs in the Chapel and Performing Arts Centre in room P24 on Wednesday, 7 August at 7.30pm.

Mrs Josie Crisara  
Principal

Parent-Teacher Interviews

Parent-Teacher interviews for Year Prep to Year 5 will be held on Tuesday, 13 August from 3.30pm to 6.00pm and also on Thursday, 22 August from 3.30pm to 8.00pm. Parent-teacher interviews for Year 6 to Year 12 will be held in the Senior School buildings on Thursday, 22 August only, between 4.00pm and 8.00pm. Please book your interviews online via the College website at http://www.aitkencollege.edu.au. To book an interview, click on the Community Portal and enter your user name and password. Click on the Interviews tab, select student, and then select the date, session and time. The View Appointments tab allows you to print a list of the interviews you have booked and the location of each teacher. Remember to log out of the Community Portal when complete. If booking multiple interviews, please leave a gap between interview times. A map showing rooms and teacher locations will be available in the Senior School foyer on the interview evening.

Mr Steve Craven  
Director of Studies
Parents are reminded that Term 3 tuition fees are due this Friday, 26 July. Please contact the Accounts office if there are any queries. An administration fee of $55.00 per term will be charged for late payments unless prior arrangements have been made with the Finance Manager.

Mr Petar Gajic
Finance Manager

From the Deputy Principal

I welcome all families to Term 3. It is timely for us to remember some key points about safety for children in the College grounds:

- When using the western parent car park, please park in the reverse-parking bays before dropping children off. They should not be walking in the path of vehicles.
- Please do not attempt to drop off or pick up children in the staff car park; there is no safe path for children into the school as the adjacent pedestrian crossing is not supervised.
- When dropping off or collecting primary school children, please do not park near the windmills as the roadway is too dangerous for children to cross. The Gym car park should be used.
- The only place where children are permitted to cross the ring road is the marked pedestrian crossing near the Gym, supervised at pick-up time. Please do not ever expect your children to cross anywhere else.
- Please observe speed limits; 40 km/h along the entrance road and then 20 km/h around the ring road. Children may cross the road unexpectedly.

Brookhill School Notices

Senior School: Although the term has only just begun, the start of third term is the beginning of the end for the Year 12 cohort. There are only ten weeks of formal classes left for the Year 12 students this year! Indeed, many Year 12 classes will have finished the course material and started revision before the end of the term; that means only seven more weeks of regular classwork! With that in mind, I would like to remind the Year 12 students of the advice I gave in our first assembly of the term: ‘No matter what you have done to this point, regardless of whether you have been performing to your best or not, hard work and dedication over the next short period of time can only improve your results from their present level’.

VTAC Information Evening: All Year 12 students should be mindful of the VTAC Information Evening to take place on Monday, 5 August. This is an important night for everyone wishing to apply for a tertiary place through VTAC for next year. I strongly encourage all Year 12 students and parents to attend this evening.

Subject Selection: While the VCE journey draws to an end for the Year 12 group, it is just beginning for our Year 10 students. The VCE Information Night was held on Wednesday, 24 July and the VCAL Information Night will be held this Monday, 29 July. The VCE Information Night was a success, with many parents staying after the formal presentation to speak with Heads of Faculty and other staff. The information presented at these evenings should help ease the VCE course selection headaches for many families. The next stage of the process for the Year 10 students is well underway. All Year 10 students have had a preliminary interview with a senior teacher and will have an extensive follow-up interview with one of our specialist careers teacher. Once the information gathering process is complete, Year 10 students pick their subjects online. This can be done at school or from home, so parents have the opportunity to be involved in their child’s VCE course selection. The online subject selection will be open during a two week period in August (to be advised). Students will receive their log-on details via Homeroom teachers in coming weeks. It is very important that families carefully consider subject selection. Data from student choices is used to construct the 2014 timetable to enable students to study the subjects of their choice. Once constructed, the timetable may not allow students to change subjects at a later date.

Mr David Murphy
Head of Brookhill

VCAL News

VCAL Information Evening: The Aitken College VCAL Information Evening will be held on Monday, 29 July at 7.00pm until 8.30pm in Common Room 1. VCAL involves a series of Senior School completion certificates that has the flexibility to cater for students who work better in an applied manner and who are vocationally focused. The VCAL program at Aitken College prepares students for the workforce or for further vocational education and training. If your son or daughter is considering an alternative to VCE and would like to find out more about the VCAL program offered at Aitken College, come along to the VCAL Information Evening on 29 July. The current Year 11 students will also be attending the evening and sharing their experiences of VCAL as well as various aspects of the course. They have also organised a sumptuous supper to enjoy afterwards.

Year 11 and Year 12 students at the Anglesea Caravan Park for the Duke of Edinburgh Award

Mrs Jenny Lilley
VCAL Co-ordinator

Authorised and Printed by: Mrs Josie Crisara, Principal, Aitken College, 1010 Mickleham Road, Greenvale 3059
Phone: 9333 1866 www.aitkencollege.edu.au Fax: 9333 4795
Glenarthur School Notices

Welcome back to Term 3. It was good to see that the children had made an effort to polish shoes and dress neatly. Well done!

The Glenarthur Captains proposed a formal vote of thanks to Mrs Vlahopoulos, Assistant Head of Glenarthur, for looking after the staff and students during Mr Bond’s leave in Term 2.

At assembly students were reminded about the parent-teacher interviews this term and to view these as opportunities to seek guidance in their studies. Reading through the reports last term again reminded me of the diligent effort made by the majority of your children. With the advice of the Semester One reports fresh in mind, students are urged to do their best over the next two terms, and to thus earn a commendable report at the end of the year. If you can spare a moment during the parent-teacher interviews to drop in for a chat, you are most welcome.

Mr Cooper and all staff thank the many students and staff who have given so much of their holiday time to be involved with the Musical. All of us could show our support by attending the musical sessions.

2014 Electives: Later this term, students will select their electives for 2014. The familiar web-based application system will be open later this term. Students will bring home information about the procedures.

GCE Forms: A reminder to Year 9 students, to promptly return their GCE permission and medical update forms to their Homeroom teacher.

Glenarthur Writing Awards: Mr Bernes has been encouraging students to submit articles for the annual Glenarthur Writing Awards. This growing tradition has seen much creative excellence. Please do urge your child to participate.

Welcome: A special welcome to Nidal Berou and Connor Hodge who have joined us in Year 9, and we also welcome and include Jamie Dimovski who joined us last term in Year 8.

Year 9 Indonesian: Mr Rogers welcomes students who wish to form teams for the Year 9 Indonesian Language Olympiad: Aitken will be hosting the 5th Indonesian Language Olympics on Thursday, 15 August.

Year 9 Seminar: An inschool History seminar on 6 August and 7 August has been organised by Mrs Stafford and a guest speaker will speak about World War 1 and associated topics.

Mr Shelton Bond & Mrs Elpis Vlahopoulos
Head and Assistant Head of Glenarthur

Dunhelen School Notices

Welcome back to what is sure to be a busy Term 3. I hope that students and parents took the time to relax and enjoy some quality time together.

I would like to take this opportunity to thank all of our Semester One Class Captains for their hard work and dedication this year. Your efforts are most appreciated by your class and your teachers, and I encourage you to consider applying for leadership positions when they arise in the future. Over the next couple of weeks, all Dunhelen classrooms will be busy electing new Class Captains. If you think your child has what it takes to be a Class Captain, please encourage them to speak to their teacher and have a go, as we would love to have them on board.

I would like to remind students and parents about the importance of adhering to the College’s uniform policy. It is imperative that students present at school each day wearing complete, correct uniform. Physical Education uniform must be worn correctly and only worn to PE lessons and sporting events. The only piercings permitted to be worn are single plain studs or sleepers in the earlobe. Any other colored jewelled studs, plastic studs or nose/lip/chin piercings are unacceptable. Makeup and nail polish are not permitted to be worn at school.

By now you would have received your child’s report and I hope that most of you were pleased with their achievements. For those of you who were not entirely pleased please remember that this is a fresh start and that each child has an opportunity to improve and better their results. As it is the start of Semester Two your child’s infringement page is now a ‘clean slate’. All students begin this term with no infringements.

Finally, I would like to welcome Mr Ben Lawless to Dunhelen. Mr Lawless will be teaching 6D while Mrs Dowling is on maternity leave. We extend our warm congratulations to Mrs Dowling and her family on the arrival of a little girl named Lucy Elizabeth Dowling. I am sure that she will surprise us with a visit to school in the near future.

Once again, welcome back and I look forward to a wonderful Term 3. Please remember to keep the lines of communication open between you and your children’s teachers and together we can work towards creating a productive and enjoyable environment.

Mrs Francis Scuderi & Mr Ben Prentice
Head and Assistant Head of Dunhelen
Welcome back to the start of a new Term. Events this term include: Book Week and the House Literacy Trivia Competition; the continuation of winter sport for Year 5 and the big event, the Cumberland Concert.

The Cumberland Concert will be staged on Wednesday, 11 September at 7.30pm and on Friday, 13 September at 11.30am. More information about costumes, arrival times and tickets will be given to you shortly. This year’s Concert is titled, ‘You Make Me Feel Like Dancing’ and will be hosted by Primary Performing Arts Captains, Nicholas Costin and Samantha Smith. Both take singing lessons at the College, and I know you will want to see what they have to present.

As part of Book Week we will once again hold our House Literacy Trivia Competition. Students are selected at random to be a part of their House team. This event will be held in the Chapel and Performing Arts Centre on Thursday, 22 August commencing at 9.00am. Please come along to support your child’s House. There are usually prizes for parents too!

This year Year 3 and Year 5 students attended the Monet exhibition at the National Gallery. This was part of their French lessons as well as Art and RVE. The children very much enjoyed learning about Claude Monet and seeing the actual pictures he painted.

Fairview School Notices

Welcome back to Term 3. A busy term for us all and the transition begins for our 2014 Prep children and their families. A big thank you to Mr Ashley Penny for overseeing Fairview during my absence. We also welcome Miss Georgia Thorncroft, who is replacing Mrs Natasha Radley while she is on maternity leave.

The world is changing and with fast growing technology it will continue to do so. Children need time to be active and be provided with opportunities to communicate with each other - face to face. A crucial component of young children’s development is their social skills and the importance of developing resiliency, tolerance and independence. These are survival skills for the children. Your treasured children will grow up very quickly; you will reflect and wonder where the time has gone. Therefore, make an effort to commit to a family focus. This could be ensuring you have family dinners together (e.g. pizza or board-game nights), or many other ways to create your own cherished family routine and memories. If this is left for later, it will be very difficult trying to convince teenagers to spend time with their parents or attend family events. My advice is parents should begin developing a pattern of expectation and routine while the children are very young. This will unite the family and bond a future healthy relationship. There is no greater blessing than family time!

Cumberland School Notices

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This year Year 3 and Year 5 students attended the Monet exhibition at the National Gallery. This was part of their French lessons as well as Art and RVE. The children very much enjoyed learning about Claude Monet and seeing the actual pictures he painted.

Lucy is enjoying the workshop before viewing the Monet exhibition

Ms Barbara Wyatt
Head of Cumberland

Careers News

Careers Staff: In Term 3, we are very fortunate to have the services of Ms Di Cornish, a very experienced Careers Counsellor. Di will be assisting us on Fridays in B21.

Year 10 Careers Interviews: To assist students with choosing the VCE or VCAL program for 2014 and to help with subject selection, commencing on Monday, 29 July and running over 2 weeks, all Year 10 students will be interviewed by a member of the Careers staff. This follows on from the events of the first week of term; the Information Evening on Wednesday, 24 July, an interview with the Head of House or Mr Murphy or Mr McKay on Thursday, 25 July; an Information Seminar for students about VCE/VET subject content on Wednesday, 24 July and a Careers Speakers seminar on Friday, 26 July. Students need not feel anxious about the subject selection process as there will be several opportunities to receive assistance.

Year 10 Careers Speakers Seminar: On Friday, 26 July, Aitken College alumni will return to speak to students about their choices and pathways during and beyond Year 10; what they know now that they wish they had known when they were in Year 10. They will provide information, tips and answer questions. This is an integral part of the Year 10 subject and program selection process for Year 11 in 2014.

Year 12 VTAC Guides: These are available and will be distributed to Year 12 students during the next week. Students will be asked to collect their 2014 VTAC Guide from B21 via Bulletin notices.

Year 12 Interviews: At the conclusion of the Year 10 interview process all Year 12 students will be interviewed to discuss their pathways and choices post secondary school. Interview slips will be distributed to students later this term.

Career News 10: The tenth edition of Career News has been posted on the College website and can be found at: http://www.aitkencollege.edu.au/educational-programs/careers/careers-newsletter/. This edition contains information about new courses at Swinburne, Monash and ACU Universities and William Angliss TAFE, an Occupational Therapy
Information Evening, a variety of Open Days, Access Melbourne, an Engineering Information Session, the Craigieburn Jobs Fair, the Kangan Institute Fashion camp, applying to the University of Tasmania and more. You are also welcome to contact Careers staff in room B21 or via email: careers@aitkencollege.edu.au or by telephone 9333 1866.

Mrs Clare Borg and Ms Rae Gibbs
Careers Advisers

Chaplains Corner

You Are Invited To Be Part Of Something New And Exciting: Aitken College is about to embark on a monthly Sunday Worship. You, your family, your friends and neighbours, anyone in fact, is welcome to attend a planning meeting aimed at establishing a new way to be church in our setting that is relevant today. The plan at this stage is to have a Sunday time of Worship, on the second Sunday of every month, in Common Room 1. My thinking at this stage is a 10.30am service, which will take shape based on the gifts/talents and hopes of those who come.

The planning meeting will be on Sunday, 11 August at 10.30am in Common Room 1. We will begin with 10 minute time of reflection, followed by a time where all present will be given an opportunity to offer ideas on what a worship service in our setting might look, sound and feel like. Morning tea will also be provided. Let’s find this new way to be a church together. If you are interested in being involved, but cannot make it to the planning meeting, feel free to send me your hopes and dreams, or drop in for a chat. I am looking forward to discovering what God is calling us to next! Yours in excitement!

Rev Jeanne Beale
Chaplain

Environmental Programs

I am excited to announce that Aitken College was featured in the latest Live Green Teacher’s Network newsletter for our efforts in establishing our bush tucker garden plot within Hume City Council’s Indigenous Community Garden in Westmeadows. Now that we have done some planting we can continue to use the plot for educational activities across the entire College curriculum!

With the help of the Green Team, Year 12 Environment Captain, Daniel Songcuan, is finalising his project for recycling mobile phones. Soon there will be a receptacle in the Chapel and Performing Arts Centre to collect old mobile phones to be reused and recycled appropriately. If you and/or your family members have old mobile phones lying around the house, bring them in and contribute to this wonderful cause.

Ms Cristy Herron
Head of Environmental Programs

Physical Education News

Melbourne High Football Challenge: I would like to congratulate our Senior Boys Football team for bringing back the Cup to Aitken College. It was a magnificent win and played on our home ground at Greenvale Football Club. The boys played with great determination and were led by our two coaches, Mr Jason Mackrell and Mr Stephen Brewer. Melbourne High were no match as the Aitken College Boys stormed home to a victorious win! Congratulations to Josiah Garisto who was named Best on Ground for the game. I would also like to acknowledge our Girls Football team who even though did not win but were gallant in their determination to have a ‘go’. Thank you also to our Boys Soccer team led by Ahmet Hassan who showed great professionalism and fight but went down by one goal. I would like to thank all the coaches and teachers who helped out on the day and students who made this event successful. It is now a yearly tradition which started back in 2009 and will continue in the years to come. Thank you also to Greenvale Football Club for the use of the ground and clubrooms, to the umpires who did a great job and to all the parents, students and ex-students who supported Aitken on the day.

2013 Pierre de Coubertin Awards: I would like to congratulate Liam Wiemann (Year 12 and School Sports Captain) who received the 2013 Pierre De Coubertan Award. Liam was one of 160 students in Victoria who received this prestigious award. The Pierre de Coubertin Awards are named after the founder of the modern Olympic Games and take place on an annual basis to recognise senior secondary students who demonstrate attributes consistent with Olympism through participation and commendable behaviour in sporting activities. All secondary government and non government schools are invited to nominate one recipient from Year 10, Year 11 or Year 12 for the Pierre de Coubertin Award each year. Each nominee must participate actively in the school's physical education program with a consistently positive attitude and must have represented the school in a sport. A piece of original art or literary work (for example: essay, poetry, sculpture, paintings etc) which demonstrates the student’s appreciation and understanding of the Olympic Movement must also be submitted. Liam submitted a literary piece. Liam was inducted as a Pierre de Coubertin recipient at the MCG on 16 June, 2013.

Mrs Christine Pocervina
Head of PE/Health

Authorised and Printed by: Mrs Josie Crisara, Principal, Aitken College, 1010 Mickleham Road, Greenvale 3059
Phone: 9333 1866  www.aitkencollege.edu.au  Fax: 9333 4795
Aitken College Chartered Bus Service
Expressions of Interest for 2013

There are vacancies on the following Aitken College chartered services for 2013:

**Oak Park**: from Oak Park, via Glenroy, Westmeadows, Attwood

**Strathmore / Essendon**: from Strathmore via Essendon, Airport West and Gladstone Park

**Roxburgh Park**: Meadow Heights via Roxburgh Park. (now including South Craigieburn)

**Greenvale**: Greenvale

**Sunbury**: Sunbury via Bulla

Please phone Diana Cohn on 9333 9124 if you would like further information.

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**Aitken Performing Arts Presents**

**Honk!**

A Musical Comedy

Music by George Stiles
Book and Lyrics by Anthony Drewe

Director
Mr Michael Cooper

Musical Director
Mr Aaron Searle

Choreography
Mrs Natasha Radley
Mrs Angela Callard

August 2, 3, 10 at 7.30pm
August 8, 4pm School Matinee
August 10, 2pm matinee

No performance on Friday August 9

Aitken College CPA
1010 Mickleham Road
Greenvale

tickets available from
www.trybooking.com
Resiliency Robbers

All parents have the best of intentions when raising kids. Wanting what is best for kids can cause parents to make decisions that are not always in their (children’s) long-term best interests.

If you buy the line that the promotion of resilience is in the best interests of kids then check out the following common parenting mistakes that reduce children’s resilience.

Robber # 1: Fight all their battles for them
Nothing wrong with going into bat when kids struggle or meet with difficulty inside or outside school but make sure this is the last resort, not the first option.

▶ Resilience notion # 1: Give kids the opportunity to develop their own resourcefulness.

Robber # 2: Make their problem, your problem
Sometimes parents can take too much responsibility for issues that are really up to children to work out or decide. Here’s a clue if you are wondering what I am talking about: a jumper is something a mother puts on her son when she is cold!

▶ Resilience notion # 2: Make their problem, their problem.

Robber # 3: Give kids too much voice
In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids often take the easy option to avoid hard or unpleasant situations.

▶ Resilience notion # 3: Make decisions for kids and expect them to adjust and cope.

Robber # 4: Put unrealistic or relentless pressure on kids to perform
Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids can give up. Too much and kids can experience anxiety.

▶ Resilience notion # 4: Keep expectations in line with children’s abilities and don’t put excessive pressure on them.

Robber # 5: Let kids give in too easily
Resilient learners link success with effort. They don’t give up because they don’t like a teacher or when confronted with multi-step or more complex activities. Similarly they don’t bail out of a sporting term half way through the season because the team is not winning or they are not enjoying it.

▶ Resilience notion # 5: Encourage kids to complete what they have started even if the results aren’t perfect.

Robber # 6: Neglect to develop independence
Don’t wait until they are teenagers to develop the skills of independent living. Start early and promote a broad skill set so that they can look after themselves if you are not around.

▶ Resilience notion # 6: Don’t routinely do for kids what they can do for themselves.

Robber # 7: Rescue kids from challenging or stretch situations
There are many times kids are put in situations that are outside their comfort zones for a time. For instance, giving a talk, singing at the school concert or going on school camp may be challenges for some kids. They are all situations that kids usually cope with so show your confidence in them and skill them up rather than opt for avoidance.

▶ Resilience notion # 7: Overcoming challenges enables kids to grow and improve.

Sometimes the manageable hardships that children experience such as a friend moving away, not being invited to a party or completing a difficult school project are fabulous learning opportunities.

They help kids to stretch and grow. Dealing with them effectively also teaches kids that they are capable of coping when they meet some of life’s curve balls.

And that is a huge lesson to learn at any age.