

NEWSLETTER

11 August 2017

Volume 19 Issue 12



College Mission . . .

Building on a foundation of Christian values, the mission of Aitken College is to enable students to become informed and compassionate members of the wider community by inspiring academic achievement and creativity, nurturing self worth, encouraging environmental responsibility and committing to service with and for others.

Important Diary Dates for 2017

| | | |
|-----|--------|--|
| Tue | 15 Aug | Parent Teacher Interviews (Prep-12) |
| Thu | 24 Aug | Parent Teacher Interviews (Prep-12) |
| Fri | 25 Aug | Professional Learning Day (student free) |
| Fri | 22 Sep | Term 3 concludes |
| Fri | 29 Sep | AFL Grand Final Public Holiday (office closed) |
| Mon | 9 Oct | Term 4 commences |
| Mon | 6 Nov | Mid Term Break |
| Tue | 7 Nov | Melbourne Cup Day Holiday |
| Fri | 24 Nov | Report Writing Day (student free) |
| Thu | 7 Dec | Presentation Night (Years 3 to 12) |
| Wed | 13 Dec | Term 4 concludes |

Term Dates for 2017

| | | | |
|--------|-----------|----|--------------|
| Term 3 | 24 July | to | 22 September |
| Term 4 | 9 October | to | 13 December |

Thought: "The great essentials to happiness in this life are something to do, something to love and something to hope for."
Joseph Addison

From the Principal

One of the highlights of Term 3 at Aitken College, the annual College Musical, *'Footloose: The Musical'* opened last Friday and closes with a matinee performance on Saturday this week. The production is outstanding in all respects: vocally, musically, technically and of course very entertaining. Congratulations to all the students in the cast, crew and orchestra and also to the hard-working staff who have contributed in many ways,

I think all parents know the value of their child's reading. I read a recent article entitled *'9 Reasons Why Boys Need to Read'*, referring to a study in which twice as many boys and girls said they do not enjoy reading at all. The nine reasons, which of course apply to girls too, are as follows:

1. Reading stimulates the brain
2. Reading enhances knowledge
3. Reading builds confidence
4. Reading aids communication
5. Reading sharpens problem-solving skills
6. Reading helps children focus
7. Reading and creativity go hand-in-hand
8. Reading helps reduce stress
9. Reading is fun!

You can read more about this at www.theparentswebsite.com.au, a resource for parents from Independent Schools Victoria. Parents can subscribe to the site to receive regular updates and links to useful parenting resources. Another useful site is www.parentingideas.com.au hosted by well-known parenting educator, Michael Grose.

*Mr Kim Forward
Acting Principal*

Change To Mid-Year Holidays From 2018

Aitken College has always taken three weeks' holiday in June/July with an extra week added after the Victorian Government School holiday dates. From 2018, this third week of Aitken school holidays will be taken before the government school holiday period, so Aitken will finish Term 2 a week before government schools and commence Term 3 when they do. This decision has been made to even up the term and semester lengths. The 2018 term dates can be found on the Aitken website and in My Aitken.

Parent Teacher Interviews

Parent Teacher Interviews are scheduled for Tuesday 15 August (concluding at 6.00pm) and Thursday 24 August (concluding at 8.00pm). On each of these evenings interviews will commence at 3.30pm for parents of children in Prep to Year 6 and from 4.00pm for those in Year 7 to Year 12.

Research has shown that one of the factors that helps to protect children from risky behaviour later in life is a belief that parents and teachers are working together in the best interests of the child. One of the many ways parents can demonstrate this, in a manner which is tangible to the child, is by attending Parent Teacher Interviews. We also particularly encourage secondary students to attend these interviews with their parents, as participating in the dialogue with adults is known to be another protective factor for children.

Interview bookings may be made through the community portal on the Aitken College home page. Full details of how to use the booking system was emailed to all parents earlier this week when the booking system opened. Please note that a schedule of your interviews and room locations can be printed from the portal after you have made your appointments. If you have any questions about the Parent Teacher Interviews or how to book them, please email admin@aitkencollege.edu.au.

Ms Kerri Batch
College Head of Learning

From the Deputy Principal

It has been a busy three weeks to commence the term with several information evenings assisting students from Year 10 in subject selections, information on the benefits of the VCAL Program and advising students in Year 12 on the process for selecting post-Secondary School pathways. Thank you to the many staff who have arranged events and been on hand to advise students. Thank you also to the parents and students for coming out on some cold evenings to be better prepared for the decisions ahead.

One of the interesting points mentioned at the VTAC evening earlier this week was around the increasing relevance some tertiary courses place in students being involved in the life of the College outside of normal classes. It may be a little late for Year 12 students to be discovering this as they near the end of the schooling, so it is perhaps wise for other students to consider how they engage in school life. There are clubs, lunchtime activities and co-curricular offerings which enrich the students' educational experience. Students are encouraged to explore the opportunities available and to be proactive in partaking in the cultural life of the school.

Traffic: Peak Drop-Off and Pick-Up times in the College can be hectic. The College has engaged two people to help make this as smooth as possible and keep everyone safe. Your cooperation with them is appreciated. The majority of parents are patient and courteous when negotiating the traffic and car parks but it is worth providing a few reminders:

- * For primary pick-up, delaying your arrival until just after 3.10pm will make it easier to find a park outside the primary school or in the Gym car park.
- * If the main parent car park is full, there is usually plenty of space for picking up children along the lower ring road. This is a no parking area though and parents are requested not to leave their cars unattended.
- * Reverse parking and one-way traffic restrictions in the main parent car park are in place to assist in the safety of all students.
- * Please do not drop off and pick up children in the Providence estate next door; the pedestrian gate is for students who live locally and mostly walk to school. Vehicle traffic and parking on adjacent streets can upset our neighbours.

Mr Michael Cooper
Acting Deputy Principal

SchoolTrenz Change of Address

The uniform shop, SchoolTrenz will relocate to: **Unit 3, 67-73 Garden Drive, Tullamarine** effective from **Friday 1 September**. The telephone number will remain the same, ie. 9338 1334.

Trading Hours

| | |
|-----------|------------------|
| Monday | 11.00am - 5.00pm |
| Wednesday | 11.00am - 5.00pm |
| Friday | 11.00am - 5.00pm |
| Saturday | 9.30am - 3.00pm |



Parents and Friends Association News

What a busy start to the term already and it is not stopping yet!

Pre-loved Uniform Sale: Thursday 24 August we will be holding our pre-loved uniform sale in the Chapel and Performing Arts Centre foyer from 2.30pm until 6.00pm. This sale is the same night as the Parent Teacher Interviews; we would love to see you after you have spoken with your child's teacher.

Fathers Day: The Fathers Day breakfast will be held on Thursday 31 August from 7.30am at the Food Technology building (a copy of the flyer is attached). Please make sure you RSVP, by the due date for catering purposes. Please email us or contact us through our Facebook page if you are able to help. It is a great event to be involved in. We will also have the Fathers Day stall on Thursday 31 for the junior school. Gifts vary from \$3.00 to \$10.00. If you are interested in helping out on the day please send an email to pandf@aitkencollege.edu.au.

Committee Meeting: Our next committee meeting is on Tuesday 5 September. If you would like to attend, it will be held in the seminar room upstairs in the Chapel and Performing Arts Centre at 7.30pm. Everyone welcome!

*Mrs Allison Phelan
Secretary - Parents and Friends Association*

Brookhill School Notices

VCE Subject Selection: Year 10 and Year 11 students will soon begin making their online subject selections. All students have received instructions and passwords to log onto Web Preferences this week. It is very important that the right choices are made at this point. All students have had access to first-class careers and subject advice from senior teaching staff and the careers teachers. I hope that everyone is happy and settled with the decisions that they have made. However, if any student is still a little unsure about their intended course, I encourage them to keep asking questions. Students and parents can contact subject teachers; Heads of Faculty; Heads of House or the Careers Teachers. It is much easier to change a subject at this stage than a month into next year.

We are pleased to be able to offer VCE Religion and Society at Year 11 level next year. This is an excellent subject, particularly for students interested in the Humanities/English field; I encourage students to find out more about this subject to seek further information from Mr Perri and include it in their program.

Uniform: I often speak to Brookhill students about their role as leaders within the College community. Younger students, parents and community members look to Brookhill students to gauge the level of professionalism of the College as a whole. Unfortunately, many Brookhill students are letting themselves and the College down with their poor uniform. All students are expected to have sufficient uniform items to get them through the week; Brookhill students are expected to take personal responsibility for ensuring their uniform is clean and ready to wear each morning. Far too many students are turning up in sport uniform, with excuses such as: "Mum didn't wash my uniform."; "My pants were still wet."; "I left my uniform at the gym/my friend's house/my grandparents' house/the lobby of a hotel in Memphis."

Can I please ask parents to support the College in our uniform policy and encourage your children to make sure they are attired correctly?

*Mr David Murphy
Head of Brookhill*

VCAL News

The VCAL students organised and hosted an afternoon tea for visitors from the Pascoe Vale Gardens Retirement Village on Thursday 3 August. Thirty-four residents attended the dress rehearsal of the College Musical, 'Footloose the Musical'.

Students spent the day preparing and organising numerous platters of food and beverages so that the visitors could enjoy a lavish afternoon tea at interval time. The residents have been attending the Dress Rehearsal Afternoon Tea for several years now and always enjoy the occasion.



*Mrs Jenny Lilley
VCAL Co-ordinator*

Dunhelen School Notices

The Semester 2 Class Captains have been selected and were given their badges at assembly this week. As usual, there will be a formal acknowledgement of their work at the final School assembly in December.

| | | |
|---------------|-------------------|--------------------|
| Year 7 | Jake Pauesi | Maryam Tahir |
| | Kayla Perumal | Noah Russell |
| | Aditya Bobal | Sophie Mott |
| | Ebony Bruce | Melek Yilmaz |
| | Tanya Robin | Monique Santiglia |
| Year 8 | Joseph Marasigan | Jorja Scodellaro |
| | Alicia Clark | Adam Hendek |
| | Domenic Calafiore | Stephanie Coluccio |
| | Stavro Georges | Natalie Sorrhghan |
| | Stephanie Anjoul | Tristen Di Carlo |
| Year 9 | Jennifer Le | Hunter Petch |
| | Kays Beslen | Anyanka Ibarra |
| | Anthony Roperto | Chloe Sassine |
| | Nicholas Costin | Phoenix Duhig-Law |
| | Ben Lommi | Ilana Margolis |

Congratulations to all of them and all students who were nominated.

Once again, Homework Club will be running this term. Please remind your child that they can attend every Tuesday and Thursday at lunchtime. Staff will be present to assist students.

The Start Smart Program is a financial literacy program and gets students to start thinking about saving money, purchases they make, part time work etc. It is offered free of charge with the support of the Commonwealth Bank. The Year 8 students will have a session on Wednesday 16 August and the Year 9 students will have their session on Thursday 17 August.

Year 8 students were this week issued with a preference form for camp next year. Please do discuss with your child which camp they would like to attend. There are limited spots on each camp, so it will be a first in, first served selection. Students should give their preference form to their Homeroom teacher as soon as it is completed. There will be a camp information evening for Year 8 students and parents. Once the details of this have been finalised, parents will be notified.

Teaching students of middle school, I am often asked by parents, “Where did my sweet child go and what can I do to get him/her back?” There is not much I can say other than be patient, they will come back. Middle years are challenging years. Michael Grose, a parenting educator, says there are three phases of adolescence.

1. **Early adolescence** - lasts from 10 to 13 years of age and comes as a shock for many parents. Peers rather than parents are important in a young teens’ mind. They like to have more privacy and their vocabulary starts to shrink as well.
2. **Middle adolescence** - 13 to 16 years of age is a tricky stage all around. Boys take more risks and girls can be downright cruel to each other in times when social success is far more important than academic success.
3. **Late adolescence** - starts at around 17 years of age and can last until well into the twenties. It is an easier stage as teens begin to negotiate different relationships with their parents. Still they are emotionally and financially-dependent on their parents for longer than past generations.

He then goes on to offer some tips for dealing with your teen. Remember, however, that you were once like they are now and that there is light at the end of the tunnel. Read on and enjoy.

If you are struggling to get on the same page with your teen here are some practical tips on how to communicate with them so they will listen.

By **Michael Grose**: Getting on the same page with young people is a challenge for many parents. Often, they will listen to their friends and even their friends’ parents, before they listen to their own parents. Here are five very different approaches to use so your young person will listen to you:

1. **Swap you for them**: If they are more likely to listen to their uncle or aunty than you, then draw them into important conversations. “I think your Uncle/Aunty/other esteemed adult would tell you that you should be very careful when you go to a party in that part of town.” Bringing others in to the act spreads the authority around and makes it easier for them to take your messages on board.
2. **Swap verbal for visual**: Avoid arguments. Want your daughter to go to her room? Say “Jessica” and point your palm toward their bedroom, while looking away or looking down to avoid eye contact. This visual message prevents arguments. NB: There is a beautiful example of going visual rather than verbal when a teenager came home late from a party on another of my blog posts.
3. **Swap fast for slow**: Teens often want you to make quick decisions in their favour. Slow down the conversation. “I need to think about that. I will get back to you about that later.” Add a time factor when you talk with teenagers and do not let them force you to make snap decisions.

4. **Swap them for you:** Control is a big issue for young people. Let them think they are calling the shots by swapping 'them' for you when 'you' give instructions. Rather than 'Clean your room now!' try 'I will go into your bedroom (to put your washing away) when it is tidy.' Tell them what you will do, rather than what they should do.
5. **Swap pointer for palms:** Lose the habit of pointing your finger at a young person out of frustration. It only threatens their need to feel in control. If you point to the bin indicating that it is their job to clean it, use an open palm. It is non-threatening and still gets your message across. Avoid wagging your finger in their direction when you are frustrated. They will either fight you (verbally) or flee the room!

Choose your words and your non-verbals carefully when you communicate with young people. Get them right and they are more likely to listen and take your ideas on board. Try one or two of these ideas and practise them during the week, and see the impact that these changes have.

*Mrs Francis Scuderi
Head of Dunhelen*

Cumberland School Notices

At Monday's assembly, we presented this semester's Class Captains with their badges, certificates and role descriptions. We thank the Semester 1 Class Captains for their efforts and congratulate the following students:

| | |
|--------|----------------------|
| Year 3 | Kehara Perera |
| | Michael Pauesi |
| | Sienna Demirtel |
| | Alex Gorgievski |
| Year 4 | Chelsey Currie |
| | Ethan Youhana |
| | Lana Gorgievski |
| | Michael Zackor |
| Year 5 | Victoria McDiarmid |
| | Alan Fu |
| | Poppy Belofastov-Gee |
| | Harrison Chan |
| Year 6 | Isabella Richards |
| | Julian Bondin |
| | Naz Kurt |
| | Andrew Khoshaba |



The students of the Cumberland learn about leadership in a number of ways:

- **By being a good role model:** To be a role model, Aitken College encourages its students to always be mindful of what is expected of them when we talk of how to behave, how to play and socialise with others. We encourage the use of manners, of always thinking of others, working hard and getting the best from their schooling and being positive in the way we think and act.
- **By taking responsibility:** Students can demonstrate this by accepting and taking responsibility for tasks that have been assigned to them, those they were nominated for and those for which they volunteered. Students get to carry out a number of tasks from being class monitors, this week's team leader in the classroom or captain on the sporting fields, or someone who raises the most money for a charity.
- **Being committed:** This means accepting the responsibility that goes with a role, task or commitment and working hard to see it through, persisting until the task is complete.

Encouraging Children to Accept Responsibility for their Actions: Children can usually see the fault in others and in situations well before they see their own faults or the role they play in situations. As parents, we are very familiar with the following scenario:

Your child has done something you are not happy about and when you speak to them they use a number of strategies:

1. Deny, deny, deny...even when presented with irrefutable proof.
2. Blame others.
3. Accept some of the blame but bring in others or other circumstances, usually starting with but...he/she did...
4. Confuse the issue by focusing on some small aspect of what you said and try to make it about that rather than the initial conversation point.
5. Try to be cute (puppy dog eyes, baby talk...) and appeal to your emotions.
6. Get really emotional. When children are really emotional, they do not listen and it is pointless to address the situation then. Give them time out to calm down and then talk to them.

Teachers deal with many children over many years and see the full range of strategies used. As parents, we need to recognise the strategy when it is being used. Once you can identify the strategy, it is easier to deal with, and it stops the situation becoming confusing and getting out of hand. The important part for parents to play is to **stay calm** and address the original issue/behaviour raised. You need to let the child know you have a problem with their behaviour but not them. Separating the two lets them know you still love them even though their behaviour is an issue.

Talk to them about how everyone (even adults) is accountable for their own actions. Sometimes our actions lead to successes e.g. study hard and get good marks; practise and you will get better. At other times when we do something wrong, there are consequences. E.g. drive too fast and get a speeding fine, wake up late and be late for work, say something hurtful and upset friends. We are all accountable.

If we want children to accept responsibility, we need to praise them for it when they do. That is not to say there is no consequence, but you need to let them know you are proud of them for doing so. Children who are fearful will not accept blame, so we need to make sure we talk with children when we are calm and reasonable. Address the issue only and talk to them about what they should have done, what ideas they have for fixing the situation if it warrants it, what they have learned and the consequences for the behaviour. Consistency is the key.

House Points: House points are hotly contested and the ACE card system of rewarding good behaviours is proving to be successful as houses vie each week to improve their position on the table. Congratulations to all students who achieved points for their house over these past two weeks.

31 July 2017 ACE Card Awards

Year 3

| | | |
|-------------------|----------|---------|
| Liana Klaric | Spades | Clarke |
| Dimitri Tsavalias | Diamonds | Millar |
| Malik Hashish | Spades | Cameron |
| Joel Li | Spades | Brodie |
| Chloe Wang | Clubs | Millar |
| Michael Pauesi | Clubs | Clarke |
| Mia Johnston | Spades | Clarke |
| Hirundi Indrasiri | Clubs | Millar |
| Emma Cook | Spades | Millar |
| Tahlia Scown | Diamonds | Brodie |
| Charlie Desira | Hearts | Millar |
| Eve Prochazka | Spades | Clarke |
| Darcy McIntosh | Diamonds | Brodie |
| Anna Konidaris | Clubs | Millar |

Year 5

| | | |
|----------------------|----------|---------|
| Jeyan Hafouz-Housein | Spades | Brodie |
| Anthony Audino | Hearts | Cameron |
| Sascha Sekulovski | Diamonds | Cameron |
| Stella Tsavalias | Clubs | Millar |
| Matthew Portlock | Spades | Millar |

Year 6

| | | |
|-------------------|----------|---------|
| Ryan Prochazka | Hearts | Clarke |
| Simona Matracchi | Hearts | Brodie |
| Julian Ng | Diamonds | Cameron |
| Alyssa Goulding | Hearts | Millar |
| Jye Rees | Spades | Brodie |
| Jack Wyllie | Diamonds | Clarke |
| Selina Haywood | Clubs | Cameron |
| Isabella Richards | Clubs | Millar |

| | Brodie | Cameron | Clarke | Millar |
|---------------------------------|---------------|----------------|---------------|---------------|
| Last week | 103 | 160 | 122 | 156 |
| This week | 6 | 5 | 6 | 10 |
| Reading Competition Years 5 & 6 | | 10 | | 10 |
| Total | 109 | 175 | 128 | 176 |

7 August 2017 ACE Card Points

3H

| | | |
|----------------|----------|---------|
| Luke Richards | Spades | Millar |
| Aaron Doyle | Spades | Cameron |
| Michael Pauesi | Diamonds | Clarke |
| Daniel Joseph | Diamonds | Clarke |

3M

| | | |
|-----------------|----------|---------|
| Tara Sutton | Spades | Cameron |
| Rocco Lawson | Spades | Clarke |
| Kyan Costantini | Hearts | Brodie |
| Johnjacob Yakou | Hearts | Millar |
| Harry Dymond | Diamonds | Cameron |

4A

| | | |
|-----------------|--------------|---------|
| Tarik Bello | Spades x 2 | Cameron |
| Kaan Ceylan | Spades | Clarke |
| Suveer Chahal | Clubs | Clarke |
| Chelsey Currie | Diamonds | Cameron |
| Eve Georgievski | Spades | Brodie |
| Ellie Gwinnett | Diamonds | Brodie |
| Sohie Lagana | Diamonds x 2 | Millar |
| Taylor Lanteri | Spades | Millar |
| Maya Lech | Diamonds | Brodie |
| Bianca Mafrici | Clubs | Clarke |
| Lauren Potts | Spades x 2 | Millar |
| Ella Sen | Spades x 2 | Brodie |

4C

| | | |
|----------------|----------|--------|
| Michael Zackor | Hearts | Millar |
| Ruby Davie | Diamonds | Brodie |
| Demi Goulding | Spades | Millar |
| Alex Marmura | Clubs | Millar |

5M

| | | |
|---------------|--------|--------|
| Kayla Dennis | Spades | Brodie |
| Adam Smrdelj | Spades | Clarke |
| Rhiannon Hall | Hearts | Millar |
| Esin Fikir | Hearts | Millar |

5H

| | | |
|---------------|--------|---------|
| Talia Holmes | Hearts | Millar |
| Grace Barfoot | Clubs | Cameron |

6K

| | | |
|---------------------|--------|---------|
| Zahn Calabro | Clubs | Clarke |
| Jackson Clark | Clubs | Cameron |
| Sienna Lindrea | Hearts | Brodie |
| Jasmine Edgar | Hearts | Millar |
| Christopher Korkees | Clubs | Clarke |
| Cooper Czernotowycz | Spades | Brodie |

6A

| | | |
|------------------------|----------|---------|
| Julian Bondin | Clubs | Millar |
| Lachlan Adams | Clubs | Cameron |
| Mia Carter | Clubs | Clarke |
| Leah Keegan | Diamonds | Cameron |
| Kailey Matuszek-Gamble | Hearts | Cameron |
| Xavier Plant | Spade | Cameron |
| Sahana Shandil | Spade | Brodie |

| | Brodie | Cameron | Clarke | Millar |
|-----------|---------------|----------------|---------------|---------------|
| Last week | 109 | 175 | 128 | 176 |
| This week | 12 | 11 | 10 | 15 |
| Total | 121 | 186 | 138 | 191 |

Upcoming Events August

- 15 Years 5/6 Maths Olympiad
Parent Teacher Interviews
- 22 Cumberland Book Week Day
- 24 Parent Teacher Interviews

*Ms Karen McArdle
Head of Cumberland*

Fairview School Notices

Chapel and Assembly: Thanking all the parents and grandparents who attend our weekly Chapel and Assembly sessions. It is wonderful to see the involvement and engagement of our children. I would like to ensure that any adults in the audience that are recording any part of Chapel and Assembly are not uploading any images on their personal social media platforms. It is crucial our children's privacy is respected and protected.

Life Education Program: As part of our Term 3 Life Skills program, we are having the Life Education mobile classroom visit the College from **Tuesday 5 September to Tuesday 12 September**. The Life Education program helps to facilitate the development of the Life Skills in students. Lessons are always age appropriate and the children will be covering a wide range of health related topics: ranging from the human body and how it works, healthy eating and nutrition, medicines and drugs, bullying, resilience and social skills. Healthy Harold, the much-loved Life Education giraffe mascot, is always a much anticipated element of the Life Education visit. The sessions are always engaging and interactive. They extend and develop the children's understanding of the topics covered. We are able to further broaden these topics in class both prior to and after the Life Education visit with the student workbooks that are provided. It is important that your child attend this session.

The Life Education Educator will also be providing an information session for **parents at the Life Education Van in the staff car park during the following times:**

Monday 11 September 9.00am - Fairview Parents
10.00am - Cumberland Parents

Ms Kerrie Neophytou
Head of Fairview

Careers News

Year 10 Careers Interviews: We are in full swing with the Year 10 Careers interviews. It has been a frantic 2 weeks! Barring unforeseen absences and memory lapses, interviews will be completed by the close of business this Friday 11 August. All Year 10 students have a one-on-one interview with a member of the Careers team. In the main, we have found these students to be delightful young people who have arrived at their interview well prepared. They have undertaken lots of research, thought carefully about their options and are able to articulate their reasons for particular decisions. It has been a most rewarding exercise and we have very much enjoyed meeting the students.

Year 12 Post Secondary School Pathways Interviews: These will commence towards the end of next week. We meet with all the Year 12 students to ensure they have a pathway mapped out, with safety net options, that they are looking forward to, and are even a bit excited about life beyond Aitken. Mostly interview slots will be allocated by surname (Z – A) during a study period. We have asked Year 12 students to let us know if, for any reason, perhaps SEAS or Aspire applications, or for some other reason, they would like an interview earlier in the timeline and we will do all we can to accommodate them.

Career News: This is now available and contains information about Open Day at NECA Careers and Education, Footscray City Films and the University of Melbourne, the Bachelor of Science (Biotechnology) / Bachelor of Biomedical Science at RMIT, the Gap Medics program, a new, free, government auspiced website: Job Jumpstart, Science degrees and Performance related degrees at Victorian universities, key selection dates and deadlines for applications to the University of Melbourne Fine Art degrees at the VCA and MCM and much much more.

The Careers Newsletter is available via MyAitken. It can be accessed by clicking on 'Resources' then 'School Life' then 'Aitken News' then 'Careers Newsletter - Welcome' then 'Careers Newsletters – 2017 editions'. The newsletter can be downloaded from this point.

Do not forget that Ms Gibbs and Mrs Borg are available to help students with any questions they might have about careers, courses and pathways. Please come and see us in Room B21 at the Careers Centre or telephone us on 9333 1866 or email your concerns or queries to careers@aitkencollege.edu.au.

2017 Year 10 Careers Panel: Year 10 students were treated to a presentation by Alumni with an interesting and useful range of opinions on Friday 28 July in the Chapel and Performing Arts Centre. This was a part of the ongoing process of preparing the students for the decisions to be made in Term 3, including subject selection for the VCE and external TAFE course options for the VCAL.

The returning Alumni were articulate and enthusiastic and clearly delighted to return to the College to share their experiences since leaving Aitken. Our Alumni expressed some common themes albeit coming from different perspectives and from different experiences: study subjects you enjoy, check prerequisite requirements for courses of interest, consult with Careers staff, research carefully, keep an open mind, do not choose a subject based on scaling, because your best friend is doing it or because the family thinks it is a good idea. Students were encouraged to think for themselves and to have a balance in the programs they chose. Several of the Alumni discussed the twists, turns and even false starts their course and career journey has taken, advising the Year 10 students to be persistent and resilient. The students were told that in the future, if they are waking up every morning to go to a job they love, then that is gold!

Our wonderful presenters were:

- Fabian Forgione, IT / Software Engineering at La Trobe, currently in the Telstra Graduate Program
- Phil Karrasch, Accounting and Finance at Swinburne, currently Manager Marine and Boating company
- Rachelle Ritchie, Primary Education at La Trobe
- Taylor Garner, Youth Work at RMIT, currently Student Welfare Officer at a Western suburbs primary school
- Sara Galafaro, Nursing at ACU, studying to be a Pathology Technician concurrently
- Josh Hodinj, Accounting (Professional) at RMIT
- Ramona Wardan, Film & Television followed by Media & Communications at Swinburne (has interned at the ABC)
- Laura Basile, Animal and Veterinary Biosciences, currently Animal Attendant at the RSPCA and volunteer at the Melbourne Zoo
- Aydin Tackar, Commerce at the University of Melbourne
- Thim Ng, Aviation at Kangan, currently Jetstar Pilot and Director and CEO Generation Drone Pty Ltd

Many, many thanks to these terrific Alumni for their time, passion and words of wisdom. Also, thank you to our Year 10 students who listened so respectfully and showed a keen interest in the content presented. We were very proud of both our Alumni and our current Year 10 students.



*Mrs Clare Borg and Ms Rae Gibbs
Careers Advisers*

Legacy Junior Public Speaking Award

Last Thursday, Year 9 students, India Lively and Helena Riley, participated in the Legacy Junior Public Speaking Award at Legacy House in the city. The girls were up against a talented line up of 16 students from a variety of schools including Lowther Hall, St Bede's, Bacchus Marsh Grammar and Whitefriars Catholic College.

The competition required both girls to present a five-minute prepared speech; Helena spoke about 'Sacrifice' and India chose to speak about 'Lymphoma'. Their competitors spoke on a wide variety of topics including 'Indigenous Soldiers', 'Mateship', 'Voluntary Service' and the notion of 'Privilege'.



Once all competitors had presented their prepared speeches, they were given an impromptu topic where they had five minutes to prepare a two-minute speech on 'No versus Yes'. Both Helena and India spoke beautifully under extreme pressure and represented Aitken College admirably.

Helena was one of three winners on the day and she will now compete in the State Preliminary Finals next month.

I would like to thank both India and Helena for their hard work and willingness to take feedback on board in the lead up to the competition. Well done girls!

*Mrs Belinda Jarvis-Dymond
Public Speaking Coach*

Performing Arts News

College Musical: Opening night for College Musical, 'Footloose' was an absolute success! I am so proud of the cast, band and crew and staff who have worked to produce such a fantastic show. If you have not seen it, make sure you do. I have included some photos from opening night below. Tickets are still on sale for the last couple of performances (closing Saturday 12 August), go to <https://trybooking.com/PYPL>. Online ticket prices are \$27.50 adults, \$22.00 for fulltime students and pensioners (plus booking fees). There is also a special family ticket price available with a family of four for \$88.80 (plus booking fees).





Next week, we have organised a Performing Arts incursion for all students from Prep to Year 6. 'What Style' is a show about the effects of differing styles of music of our choice and appreciation of it. The performance runs for approximately 1 hour, and Primary Performing Arts teachers will be running pre and post activities to compliment the performance.

There are three other major events before the end of term and we will also be hosting students from a number of other schools for the annual *Galway Theatre Day* on Wednesday 6 September for our secondary students. Details about this day to be shared in coming weeks.

VCE/VET Performances: The performance nights for our VCE/VET students which are free of charge and open to all to attend. I particularly encourage students considering a VCE/VET subject in Music or Theatre Studies to come along. The Theatre Studies monologue night, will be held on Wednesday 13 September. The Music Performance night will be held in the Chapel and Performing Arts Centre on Thursday 14 September. Both nights will run for approximately 100mins. All welcome.

Cumberland Concert: Just another reminder that Cumberland Concert will be held on Tuesday 19 September and Thursday 21 September. All students from Years 3 to 5 will be involved. Ticket information will be released soon.

Ms Beth Thomson
Acting Director of Performing Arts

Physical Education News

School Sports Victoria Year 9/10 Sports Day: On Wednesday 9 August students from Year 9/10 represented Aitken College in the School Sports Victoria Woodlands Division Term 3 round robin day. They competed against a number of different schools within the Hume City Council. The results from the day were:

Boys Basketball

| Game | School | Score (points) | Result |
|------|----------------------------------|----------------|--------|
| 1 | Roxburgh Park Secondary College | 29-18 | Won |
| 2 | Gladstone Park Secondary College | 23-36 | Lost |
| 3 | Hume Central Secondary College | 10-30 | Won |
| 4 | Sirius College | 34-7 | Won |

Girls Basketball

| Game | School | Score (points) | Result |
|------|----------------------------------|----------------|--------|
| 1 | Roxburgh Park Secondary College | 28-12 | Won |
| 2 | Gladstone Park Secondary College | 42-43 | Lost |
| 3 | Sirius College | 28-38 | Won |

Boys Table Tennis

| Game | School | Score (rubbers) | Result |
|------|----------------------------------|-----------------|--------|
| 1 | Gladstone Park Secondary College | 3-3 10-11 | Lost |
| 2 | Hume Central Secondary College | 1-5 | Lost |
| 3 | Sirius College | 0-6 | Lost |

Girls Table Tennis

| Game | School | Score (rubbers) | Result |
|------|----------------------------------|-----------------|--------|
| 1 | Gladstone Park Secondary College | 6-0 | Won |
| 2 | Hume Central Secondary College | 6-0 | Won |
| 3 | Sirius College | 6-0 | Won |

Boys Hockey

| Game | School | Score (rubbers) | Result |
|------|----------------------------------|-----------------|--------|
| 1 | Gladstone Park Secondary College | 7-0 | Won |

Girls Hockey

| Game | School | Score (rubbers) | Result |
|------|----------------------------------|-----------------|--------|
| 1 | Gladstone Park Secondary College | 3-0 | Won |

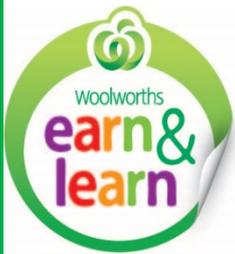
Congratulations to the boys and girls hockey teams and girls table tennis for progressing to the Northern Metropolitan Region on Thursday 19 October. Students and parents can keep up to date with the latest information, sports dates and rules, via the School Sports Victoria website www.ssv.vic.edu.au.

*Mrs Natalie McNamara
Interscholar Sports Co-ordinator*

World Vision 40 Hour Back Pack Challenge

Aitken College has supported the World Vision 40 Hour famine every year since we began. This is our 19th year supporting the 40-hour famine...only this year it has a different emphasis. It will be a **40 Hour Back Pack Challenge**. This is to highlight the great crisis in refugees and displaced persons around the world. Students are encouraged to live out of a back pack for 40 hours. They can do this in teams or on their own. They need to sign in to the challenge on the World Vision website under **Team Aitken College**. They need to get some sponsorship and the money will be returned to either me or via online banking through the website links. This will be a great way to learn about the challenges which face more than 65 million people worldwide today. Students need to be careful about packing medicine etc. and must live out the challenge in a safe way. Parent discussion recommended. The actual challenge Australia wide takes place 11-13 August, but it can be done at a later date if this suits better. Any questions please contact me at the College, and good luck to all who take up the challenge.

*Mr Chris Ward
Director of Chaplaincy & Student Services*



Woolworths Earn & Learn 2017

This year we are again participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources.

From Wednesday 26 July to Tuesday 19 September each sticker you earn, for every \$10 spent, can be collected, placed on a sticker sheet and dropped into the Collection Box at Reception or at your local Woolworths.



Greenvale Kangaroos Cricket Club...

are looking for interested **girls** to play in our Under 13's and Under 15's **ALL GIRLS** teams.

To find out more information about our **ALL GIRLS** cricket teams; contact Jill on 0418 525 481 or email jbou8978@bigpond.net.au.

There will be FREE indoor training sessions (from end of August). Outdoor sessions will commence end of September in Greenvale.

Girls can join in these training sessions so they can then decide if they would like to play cricket in our team.

ALL GIRLS competition will start mid October 2017.

(Under 13s: 9 to 13 years old)
(Under 15s: 13 to 15 years old)

Look forward to hearing from you...Jill

Kelly Club Aitken Newsletter



Welcome



Welcome back to Term 3 of OSHC with Kelly Club. Jody, Hatice and Renee were very happy to greet all the families and children after the holidays and look forward to an exciting second half of the year. We are joined by a new team member, Courtney Trafford who will be working at After School Care from Mondays to Thursdays. Please join us in welcoming Courtney.

Our Kelly Club Aitken OSHC Team will continue to build on relationships with Families, children and the school community and would like to hear from you with any ideas, interests or questions to include in our program of activities and experiences. In the coming weeks, we will be learning about Healthy eating habits, celebrating Fathers and participating in activities and crafts promoting sustainability and safety awareness.



Making Banana Smoothie



Balloon Bat Tennis

REMINDER- Please ensure all names are labelled on clothing, so we can return them to their owners.



Aitken College



Parents & Friends Association

FATHERS DAY

— BREAKFAST —

Thursday 31st August



Bacon
& Egg
Rolls
\$5

Coffee &
drinks
for sale!

7.30-8.30 am

Food Technology Building

Please RSVP for catering purposes!

Fathers Day Breakfast 2017

(Please return to the Accounts Office by Wednesday 23 August)

Family Name: _____

Number Adults: _____

Number Children: _____

**AITKEN COLLEGE
PARENTS & FRIENDS ASSOCIATION
COMMUNITY BUSINESS DIRECTORY
FUNDRAISER 2017**

Thank you for submitting your applications.
We look forward to receiving many more from our College community.

ADVERTISEMENT BOOKINGS AS AT 19/05/17

| | |
|--|--|
| <p>CLEANING – DOMESTIC & COMMERCIAL</p>   | <p>LINCOLN CLEANING All domestic and commercial cleaning. Specialising in carpet and rug steam cleaning, window washing, driveways and patios. Please contact us for a free quote.</p> <p>Contact details: Eileen or Lupco Arsovski ☎ m: 0412 119 168 or 0404 799 780 E: eileen.arsovski@hotmail.com</p> |
| <p>DRAWING & PAINTING TUITION</p>  | <p>THE ART STUDIO – Greenvale The Art Studio provides Drawing and Painting Tuition for students of all ages. Small personalised classes are run by a qualified teacher. All materials are provided for. Our aim is to encourage confidence and creativity in each student, as they produce beautiful take home works of art.</p> <p>Contact details: Silvia Parisi ☎ m: 0414 466 572</p> |
| <p>EDUCATION PROGRAMS</p>  | <p>KIDS LOVE LEARNINGLAND – PO Box 2015, Greenvale 3059 Fun, educational programs for 3–5 year olds to assist with literacy, numeracy, speech and readiness for primary school. Give your child the educational difference. Classes in Greenvale. Enrol Now.</p> <p>Contact details: Raelene ☎ m: 0410 803 123 E: kidslovelearningland@gmail.com 🌐 www.kidslovelearningland.com.au</p>  |
| <p>GARDEN CARE & MAINTENANCE</p>  | <p>GREENWORKS GARDEN CARE & MAINTENANCE For all your gardening needs – weeding, pruning, hedging, mowing, clearing lots, end of lease and more.</p> <p>Contact details: Dragan & Vesna Jankovic ☎ m: 0416 427 067</p> |
| <p>MORTGAGE BROKER / FINANCIAL PLANNING SERVICE</p>  | <p>MORTGAGE CHOICE – PO Box 2139, Greenvale 3059 A free service to find the best mortgage to suit you. We also provide an extensive Financial Planning Service for your needs.</p> <p>Contact details: Chris Howitt ☎ 9333 4370 m: 0401 334 599 E: chris.howitt@mortgagechoice.com.au 🌐 www.mortgagechoice.com.au/chris.howitt</p> |

