College Mission . . .

Building on a foundation of Christian values, the mission of Aitken College is to enable students to become informed and compassionate members of the wider community by inspiring academic achievement and creativity, nurturing self worth, encouraging environmental responsibility and committing to service with and for others.

Important Diary Dates for 2015

- Fri 18 Sep  Term 3 concludes
- Mon 05 Oct  Term 4 commences
- Mon 02 Nov  Mid Term Break
- Tue 03 Nov  Melbourne Cup Day Holiday
- Fri 20 Nov  Report Writing Day (student free)
- Mon 07 Dec  Presentation Night (Years 3 to 12)
- Wed 09 Dec  Term 4 concludes

Term Dates for 2015

<table>
<thead>
<tr>
<th>Term</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 3</td>
<td>20 July</td>
<td>18 September</td>
</tr>
<tr>
<td>Term 4</td>
<td>5 October</td>
<td>9 December</td>
</tr>
</tbody>
</table>

Thought: “Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.” Anonymous

From the Principal

Parent Teacher Interviews are an important part of the communication with parents regarding the progress of your children. It is an opportunity to ask teachers questions and for you as parents to give feedback. I encourage parents who are yet to complete the parent survey details which have been sent by email to please do so before the closing date. The results of the survey and your feedback are important to understanding those aspects of school for your children that are working well and meeting expectations and for suggesting areas of improvement.

Parents of students in Years 3, 5, 7 and 9 should be receiving NAPLAN results in the mail. They provide a snapshot of a child’s literacy and numeracy skills benchmarked against national standards.

Year 7 student, Francesca Songcuan was part of the crew of Kstar that recently represented Australia in the World Hip Hop Championships in the USA. Although her team did not make the finals they were ranked 19th in the world which is a great achievement.

The Environment Barn has been completed and will be available for classes to use. It is great to see the Agriculture and Horticulture students setting up their Market Stall this week, selling some of the produce including free range eggs, lettuce and herbs. The Food Technology extension has commenced with the preliminary works nearing completion. We should soon see a building coming out of the ground. You will be receiving postcard promoting the Aitken College Building Fund with the opportunity to contribute to the cost of construction of this new facility and acknowledgement on a Donor Board. All donations are fully tax deductible.

Mrs Josie Crisara
Principal

NAPLAN Results

Parent Reports detailing student results from the NAPLAN tests held in May for students in Years 3, 5, 7 and 9 were made available by VCAA (Victorian Curriculum and Assessment Authority) and mailed to parents this week. Parents of students in these year levels should soon receive a Student Report, which gives details about a student’s performance in each area of reading, writing, language conventions and numeracy, and an explanatory brochure. Please note, however, that a small number of students were absent for all tests and therefore did not receive a report. If you have any questions about the NAPLAN report or concerns about the results of your child, please do not hesitate to contact me or the relevant Head of School.

Ms Kerri Batch
Acting Deputy Principal - Students & Parents
Aitken College Alumni Reunion

The 5 Year Reunion for the Class of 2010 will be held on Friday 11 September 2015. Refreshments will be provided from 7.00pm to 9.00pm in the Chapel and Performing Arts Centre Foyer. Please RSVP to admin@aitkencollege.edu.au by Friday 4 September.

Camps, Sports & Excursions Fund (CSEF)

The Victorian Government has established a Camps, Sports & Excursions Fund (CSEF) to provide payments to eligible students to attend camps, sports and excursions. Families holding a valid means-tested concession card or temporary foster parents are eligible to apply. An amount of $125.00 per year will be paid for eligible primary school students, with $225.00 per year paid for eligible secondary school students. Payments will go directly to the school and be tied to the student. Application forms may be obtained from the College or downloaded from: www.education.vic.gov.au/csef and must be lodged by 18 September 2015.

From the Deputy Principal

A key ingredient to providing great education is developing strong lines of communication between home and school. The recent parent-teacher interviews have been a formal mechanism for this. Thank you for taking the time to meet with your child’s teachers. We hope that regular electronic communication will also be a vehicle for offering our students the best opportunity for success, and we encourage you to maintain an ongoing partnership with teachers in addition to the feedback you receive via formal interviews and reports.

If you have not yet done so, please consider taking a few minutes to complete the 2015 Independent Schools Victoria Parent Satisfaction Survey. Your feedback will help us improve in our endeavours to provide the best possible service to the community. The survey closes on 28 August; please look out for the final reminder and the survey link in your email accounts.

Now half way through Term 3, we imagine you have noticed how busy this term has been. There have been many great learning opportunities over the past few weeks and others are coming up through the remainder of this term. Students are always involved in the numerous sports and performing events but we have also had preparation for the Year 11 Presentation Ball, Engineering Girls talking to Primary students, Study Skills Seminars, a Social Justice Forum, Book Week Activities, Art Gallery Visits, attending theatre performances, a visit from the Life Education Van and the much anticipated Dunheelen City Experience. Talk to your children about what they have been doing and encourage them to reflect on the rich variety of experiences to which they are exposed.

Ms Kerri Batch
Acting Deputy Principal - Students/Parents
& Mr Michael Cooper
Acting Deputy Principal - Staff

Parents and Friends Association News

If you would like to be part of Parents & Friends though cannot commit to it completely, we have a Volunteers Register for the times we need extra helpers. Please put your name on it; we will contact you when we need you. Email your information to: pandf@aitkencollege.edu.au.

Fathers Day Breakfast: We will be having our annual Fathers Day egg and bacon roll breakfast on Thursday 3 September. This will be held in the Chapel and Performing Arts Centre Plaza from 7.30am to 8.30am.

Fathers Day Stall: We will also be having the Fathers Day stall for the children during the day on 3 September. Your child will be able to buy lovely gifts for their dad/grandad/uncle up to the value of $10.00.

Umbrellas: I hope everyone is enjoying their beautiful umbrellas. For those who did not put in orders, you can still buy them at the Accounts office at $20.00 per umbrella. Numbers are limited so do not miss out! We would also love to get your feedback on them.

Community Business Directory: Thank you to all businesses that have advertised in our Community Business Directory over the past year. If you have not looked recently please see the end of the newsletter or look online at: www.aitkencollege.edu.au as there are many new and exciting advertisers. If you have any queries regarding the Business Directory please email us at: pandf@aitkencollege.edu.au.

Entertainment Book: The Entertainment™ Book or Digital version may be purchased for $65.00. You receive many valuable offers and by using just a few of these offers you will save more than the cost of the Membership. You can pay online via https://www.entertainmentbook.com.au/orderbooks/1m86249 or by completing the payment envelope issued via students and returning your order to the Accounts office. Books may be collected from the Accounts office.
Parents & Friends would love to hear from you! We are planning our events for the remainder of the year and next year, so if you have any questions, comments or ideas please email us at: pandf@aitkencollege.edu.au or comment on our Facebook page.

Mrs Siobhan Short
Aitken College Parents & Friends Association

Brookhill School Notices

Study Skills: All students have now completed their last Study Skills seminar for the year. Elevate Education provide a range of resources to support students, families and schools with the implementation of effective study skill practice. Each session comes with a Student Implementation Guide, which students can find in the Brookhill folder in e-Locker. Students and families can also access the student support section of the Elevate Education website.

Student Website: Students gain access to our support website through a unique username and password following their Elevate session. www.elevateeducation.com contains a range of resources students can access after the seminar. These include:

- A copy of Elevate’s best selling guide, Science of Student Success written by the company’s founder, Doug Barton. The book retails in bookstores for $20 but is FREE for Elevate clients. It is available to download in PDF mode under the tab ‘Books’.
- A range of practice papers for each subject.
- Video tutorials.
- Tips from presenters all around Australia who have recently aced and faced their final years of high school.
- Question forum that allows students to have support even after their Elevate session.

To access the online website students should click the students tab and use the following username and password:

1. Enter username VIC
2. Type in password pacco

I also encourage parents to go to the Elevate web site and click on the parents tab to access valuable resources and ask questions of Elevate presenters.

Year 10 Driver Education: Once again, all Year 10 students will be participating in the Driver Education program run by DECA. This program was developed by DECA in partnership with Aitken College two years ago and is now offered nationally by DECA as a best-practice student driver education program. Students have a half day theory session at College, which focusses on road laws, safe driving practices, observation and planning. Students then have a full day theory session, conducted by DECA driver education professionals at the METEC driver facility in Kilsyth. This session includes: vehicle inspection and safety; on-road driving (conducted in the METEC track for students without Learner’s permits); ABS braking and emergency stopping exercises (conducted under controlled conditions).

This program provides beginner drivers with a comprehensive education in all aspects of road and driver safety and is an important component of the Life Skills program at Aitken College. Attendance at this program is compulsory; a permission form will be coming home soon and parents are asked to please sign and return promptly.

Parents must be aware that students will be departing for the practical session at approximately 8.15am and returning to school at approximately 3.15pm, traffic permitting. They will have to make arrangements for early drop off and late pick up on the day their child undertakes the practical program.

Year 11 Presentation Ball: This year’s Presentation Ball will be held Saturday 29 August in The Celebrity Room at Moonee Valley Racecourse. Parents of presenting students are reminded that they should be at the venue by 4.00pm. The arrival time allows for a full rehearsal of the dance presentations and photos.

Mr David Murphy
Head of Brookhill

VCAL News

The VCAL students have been very busy with planning and implementing a number of projects for Numeracy. Numeracy gives meaning to mathematics and is the tool - the knowledge and skills - that builds bridges between mathematics and the real world. The VCAL numeracy learning outcomes are used for a range of purposes and in a variety of contexts. A recent project was building a set of bunk beds for the College Musical Production ‘Annie’. The students also designed and built a couch for the VCAL room. The students have been able to explore mathematics beyond its familiar and everyday use to its application outside their immediate personal environment such as at the College and at the workplace. The mathematics involved includes working out a budget, an equipment list, measurements, scale drawings, an understanding of the use of formulae and problem-solving strategies as well as time to purchase all the products needed for the project.
Dunhelen School Notices

By now you will have heard that the Dunhelen students are selecting the electives that they would like to pursue in 2016. Students and parents should have received information about this and hopefully choices were discussed at home. Next year will see the introduction of a new elective, Food Technology. As it is a new elective we are anticipating that it is going to be quite a popular preference, so please be aware that there may be some students who miss out on this elective. A reminder that these electives are not prerequisites for later study, but rather an opportunity to experience different areas of learning.

I would like to acknowledge the students who took part in the 40 Hour Famine. I am hearing about the fantastic efforts made by some. A wonderful effort for a very worthwhile cause.

Please ensure that your child is in full school uniform, including blazer, every day. Students are aware of the rules regarding PE uniform and should not be wearing it to school unless specified. While, at times, it is unavoidable please leave dry cleaning of blazers until term breaks. In this weather, washed uniforms should be drying inside so that they are ready for the morning. All items of uniform should be clearly marked with the student’s name. Your assistance with this is greatly appreciated.

In this newsletter, I have included an article by Michael Grose. Michael Grose is one of Australia’s foremost parenting experts, and is a parent himself. The article is in relation to the importance of attendance at school and punctuality. I urge all parents to read it.

Cumberland School Notices

Student-led Conferences: Students who have been involved in their Student-led Conference spoke highly of this experience last Wednesday. They talked about the process being relevant to their learning and a great experience for them to develop their public speaking skills. The students who had not yet been involved were excited about having theirs on Thursday. I am in the process of writing a survey to collect feedback from parents. This will be emailed to families soon.

Book Week: On Tuesday we launched the Aitken College Book Week. Students in Year 6 were involved in an author talk by Tristan Bancks and the students in Years 3-5 will witness another author talk by Shamini Flint later in the week. This promises to be an exciting time with these events hosted by great authors. Friday 28 August will be our final event: the Cumberland Book Week Trivia competition. This will take place in the Chapel and Performing Arts Centre between periods 3 and 4 (11.20am - 1.20pm). Parents are welcome at this event and a parent’s trivia segment will hopefully take place; be ready!

At this time the winning books for each year level will be announced. I would like to take this opportunity to congratulate all students for their efforts with this competition. The teachers have mentioned, on many occasions, that the effort, design and detail of these books are amazing. Many hours have been spent in creating these wonderful pieces of work. We hope that you and your child have enjoyed the feedback and assessment rubric that we have included this year. The winners of the Picture Storybook Competition and the results from the Trivia Competition will appear in the next newsletter.

Dress up Day - 28 August: Using the picture storybooks as the theme, students are encouraged to dress as one of the main characters on Friday 28 August. This event proved to be a great success last year as it provides a different angle for the students to review their books. Costumes can be as creative as possible but should be in line with the weather forecast for the day. Students will be given the opportunity to share their book and costume with peers on Friday morning.
Life Education: The Life Education mobile classroom, and Harold the giraffe, will visit the College from Tuesday 1 September for 6 days. Students have spent the last few weeks working from the booklets supplied by the organisation to familiarise themselves with the topics that they will cover. Students will continue to use these booklets for the rest of this term as part of the Life Skills program. A detailed note will be sent home soon outlining the program. You will also have an opportunity to register for one of the information sessions related to the Life Education program.

Mr Ashley Penny
Head of Cumberland

Fairview School Notices

Life Education: As part of our Term 3 Life Skills program we are having the Life Education mobile classroom visit our school from Tuesday 1 September to Monday 7 September 2015. The Life Education program helps to facilitate the development of the life skills in students to prevent and minimise the harm of drug misuse. Lessons are always age appropriate and the children will be covering a wide range of health related topics, ranging from the human body and how it works, healthy eating and nutrition, medicines and drugs, bullying, resilience and social skills. Healthy Harold, the much loved Life Education giraffe mascot, is always a much anticipated element of the Life Education visit. The sessions are always fun, interactive and really extend and develop the children’s understanding of the topics covered. We are able to further broaden these topics in class both prior to and after the Life Education visit with the student workbooks that are provided.

The Life Education Educator will also be providing an information session for parents during the following times:

- Fairview parents – Tuesday 1 September at 2.15pm – 2.45pm
- Cumberland parents – Wednesday 2 September at 2.15pm – 2.45pm

Uniform: Please ensure your child is wearing the correct uniform items. This includes: plain stud or sleeper earrings, hair tied back (if it is shoulder length), correct College socks, flat black lace up leather shoes or leather pull up boots. Children who do not obey the College uniform policy will receive infringement notices. A detailed uniform list is provided in the Parent Information Handbook, Preparatory Communication Book and Junior School Diary.

Ms Kerrie Neophytou
Head of Fairview

Careers News

Careers: Year 12 pathway interviews are well underway. Most students have been very thoughtful about the planning of their future post-Aitken. We are trying to see students interested in applying for the Aspire program at La Trobe University, the Passion for Business (P4B) program at ACU and courses at the VCA, sooner rather than later in the interview cycle as these programs / courses have early closing dates. Most students have identified themselves to us, but if you have not, please come and see a member of the Careers team in B21 as soon as possible.

Career News 12: This is now available and contains information about Open Days at Burnley, NECA and Endeavour College, the Passion For Business program at ACU, a science careers conference for secondary students and their parents at Monash, a career in Audiology or Surveying, free VCE Revision lectures at VU, assistance with your Product Design or VCD folios, automotive apprenticeship opportunities with the Vantage Group, Christmas casual job opportunities with the Super Retail Group and much more. The following link will take you to the careers newsletter: http://www.aitkencollege.edu.au/educational-programs/careers/careers-newsletter/.

Do not forget that Ms Gibbs and Mrs Borg are available to help students with any questions they might have about careers, courses and pathways. Please come and see us in Room B21 at the Careers Centre or telephone us on 9333 1866 or email your concerns or queries to careers@aitkencollege.edu.au.

2015 Year 10 Careers Speakers Assembly: On Friday 27 July the Year 10 Careers Speakers Assembly took place. The Assembly was scheduled to coincide with our Year 10 students making decisions about their senior school pathway for 2016/2017; that is, whether to undertake the VCE or the VCAL and choosing subjects.

Our Alumni talked to the Year 10 students about the pathways they had followed after they completed Year 12. The speakers were from a variety of backgrounds and had very different stories to tell about their post secondary school experiences. Some had taken a more roundabout way to get to the course or career they were now in, others had followed a reasonably linear path. Without exception, however, our speakers talked to the students about choosing subjects they enjoyed and had an interest in, checking to see if certain subjects might be necessary to gain access to a course of interest and using the resources offered to them by the College to obtain assistance with making these decisions. The Alumni also talked about the importance of finding a balance in Year 12; university study requires dedication, good time management skills, the ability to be self motivated and to stay up to date.

The speakers recommended attending Open Days to get a feel for the different tertiary campuses and warned against choosing subjects based on scaling. Other good tips included undertaking voluntary work and internships where possible and seeking advice along the way. For our current Year 10 students that means talking to their parents, older students at Aitken, their teachers, Heads of House and of course, Careers staff in B21. The Alumni also highly recommended staying up to date with class work, homework and revision activities during Year 12, as leaving everything to the last minute often ended in tears.
The students heard from Ashleigh Hodge (2010) studying the Juris Doctor (Law) at the University of Melbourne after completing an Arts degree; Michelle Kovacevic (2005) who completed a Bachelor of Science and a Diploma of Languages; Ramona Wardan (2014), studying Screen & Media - Film & Television; Matthew Basile (2007), a member of the Royal Australian Navy and currently completing an Engineering degree; Caitlin Emiris (2013), Nursing; Bradley Smith (2013), Physiotherapy; Thim Ng (2005), Aviation, currently a Pilot with Jetstar; Stephanie Ritchie (2014), studying Science / Law; and Phil Kerrasch (2007), who completed an Accounting & Finance degree and is working as a CFO in the Boating Industry.

The students listened very respectfully, asked sensible questions and were a credit to the College with their demeanour during the Assembly. Careers staff would like to thank the Alumni who spoke so eloquently and with such passion for so willingly giving up their time to return to the College, the teachers who supervised during the Assembly and the Year 10 students for their excellent behaviour.

Mrs Clare Borg and Ms Rae Gibbs
Careers Advisers

Chaplain’s News

In my letter regarding the grief and loss service next week, I included this quote from Parker Palmer: "Wholeness does not mean perfection; it means embracing brokenness as an integral part of life." We would all do well to sit and reflect on the brokenness that has helped us to form us and teach us the value of life. Those weak points that cause us to break also have the power to become the strength that enables us to survive, but this can only occur when we learn to embrace the brokenness within us.

Perhaps like me, as a younger person you hated parts of yourself; those vulnerable weak parts that caused you no end of trouble. It is not until we look closer at those vulnerabilities, and examine each one of them with love for the broken-being we became, that we can find peace and our vulnerabilities are then transformed into a source of strength.

It is often the case that in the depth of our brokenness, we either feel abandoned by God, or we experience an encounter with God. I have come to the awareness that the abandoned feelings sit alongside us not embracing our brokenness, and the God encounter comes when we give-in to the brokenness and thereby arrive at a feeling of peace and wholeness.

I pray that if you find yourself in a shattered mess, that you are able to embrace your brokenness and find the new life on the other side of grief.

Rev Jeanne Beale
Chaplain

Media News

Drive Awake - Drive Aware: For the second year running, Aitken College’s Year 11 Media students have been flexing their creative muscle and made it to the finals of the RACV ‘Safe Mates’ road safety competition. Being finalists is a tremendous achievement and you may remember last year’s group also won the competition and had their commercial professionally produced and aired on Channel 7.

This year the competition format has changed and will be based on social media campaigns that will run on the RACV’s Facebook page facebook.com/racvyoungdriversafety.

There are two other school finalists, and Aitken College will launch its campaign on 31 August and will run through to 13 September (2 weeks), with the winner to be announced on Friday 18 September.

To help make our campaign a success, I am asking the whole school community to participate by viewing, liking, sharing and contributing during our campaign. Each school’s campaign will be judged using a point scoring system, with one point awarded for each post ‘like’ and two points for each ‘share’ or unique video play.

You can also help by contributing! On the theme of ‘fatigue’, consider “Where is the stupidest place you have fallen asleep?” Post an image or video to the Facebook page during our campaign, get your friends and family to view, like and share it, and you may even win a prize. Get behind our Year 11 Media students and join in our campaign!

Mr Linden Koodravsev
Media Teacher

Physical Education News

Intermediate Term 3 Sports Day: Thursday 6 August was the last Intermediate Gala Day for the year. Selected students from Years 9-10 represented Aitken College in Basketball, Hockey and Table Tennis in the Woodlands Division gala day.
Results were:

### Boys Basketball

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<thead>
<tr>
<th>Game</th>
<th>School</th>
<th>Score (points)</th>
<th>Result</th>
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<tbody>
<tr>
<td>1</td>
<td>Hume Central Secondary College</td>
<td>47-7</td>
<td>Won</td>
</tr>
<tr>
<td>2</td>
<td>Gladstone Park Secondary College</td>
<td>29-35</td>
<td>Lost</td>
</tr>
<tr>
<td>3</td>
<td>Roxburgh Park Secondary College</td>
<td>37-12</td>
<td>Lost</td>
</tr>
<tr>
<td>4</td>
<td>Sirius College</td>
<td>28-7</td>
<td>Won</td>
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### Girls Basketball

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<tr>
<th>Game</th>
<th>School</th>
<th>Score (points)</th>
<th>Result</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Hume Central Secondary College</td>
<td>18-16</td>
<td>Won</td>
</tr>
<tr>
<td>2</td>
<td>Gladstone Park Secondary College</td>
<td>2-25</td>
<td>Lost</td>
</tr>
<tr>
<td>3</td>
<td>Roxburgh Park Secondary College</td>
<td>41-15</td>
<td>Lost</td>
</tr>
<tr>
<td>4</td>
<td>Sirius College</td>
<td>25-2</td>
<td>Won</td>
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### Boys Table Tennis

<table>
<thead>
<tr>
<th>Game</th>
<th>School</th>
<th>Score (rubbers)</th>
<th>Result</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Gladstone Park Secondary College</td>
<td>1-5</td>
<td>Lost</td>
</tr>
<tr>
<td>2</td>
<td>Sirius College</td>
<td>2-4</td>
<td>Lost</td>
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### Girls Table Tennis

<table>
<thead>
<tr>
<th>Game</th>
<th>School</th>
<th>Score (rubbers)</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Gladstone Park Secondary College</td>
<td>4-1</td>
<td>Won</td>
</tr>
<tr>
<td>2</td>
<td>Sirius College</td>
<td>6-0</td>
<td>Won</td>
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</tbody>
</table>

### Boys Hockey

<table>
<thead>
<tr>
<th>Game</th>
<th>School</th>
<th>Score (goals)</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Gladstone Park Secondary College</td>
<td>1-0</td>
<td>Won</td>
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</table>

Congratulations to the Boys Hockey and Girls Table Tennis teams for making it to the Northern Metropolitan Region Finals on Thursday 15 October. Students and parents can keep up to date with the latest information, sports dates and rules, via the School Sports Victoria website [www.ssv.vic.edu.au](http://www.ssv.vic.edu.au).

### Year 7 Sports Day

On Friday 14 August students from Year 7 represented Aitken College in School Sports Victoria Woodlands Division Term 3 round robin day. They competed against a number of different schools within the Hume City Council. The results from the day were:

### Boys Basketball

<table>
<thead>
<tr>
<th>Game</th>
<th>School</th>
<th>Score (points)</th>
<th>Result</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Roxburgh Park Secondary College</td>
<td>41-10</td>
<td>Won</td>
</tr>
<tr>
<td>2</td>
<td>Gladstone Park Secondary College</td>
<td>20-17</td>
<td>Won</td>
</tr>
<tr>
<td>3</td>
<td>Hume Central Secondary College</td>
<td>48-6</td>
<td>Won</td>
</tr>
<tr>
<td>4</td>
<td>Sirius College</td>
<td>36-0</td>
<td>Won</td>
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</tbody>
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### Girls Basketball

<table>
<thead>
<tr>
<th>Game</th>
<th>School</th>
<th>Score (points)</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Roxburgh Park Secondary College</td>
<td>50-12</td>
<td>Won</td>
</tr>
<tr>
<td>2</td>
<td>Gladstone Park Secondary College</td>
<td>15-42</td>
<td>Lost</td>
</tr>
<tr>
<td>3</td>
<td>Sirius College</td>
<td>45-8</td>
<td>Won</td>
</tr>
</tbody>
</table>

### Boys Table Tennis

<table>
<thead>
<tr>
<th>Game</th>
<th>School</th>
<th>Score (rubbers)</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Gladstone Park Secondary College</td>
<td>3 rubbers-12</td>
<td>Won</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3 rubbers-11</td>
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### Girls Table Tennis

<table>
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<tr>
<th>Game</th>
<th>School</th>
<th>Score (rubbers)</th>
<th>Result</th>
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<tbody>
<tr>
<td>1</td>
<td>Gladstone Park Secondary College</td>
<td>6-0</td>
<td>Won</td>
</tr>
<tr>
<td>2</td>
<td>Sirius College</td>
<td>6-0</td>
<td>won</td>
</tr>
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</table>

What a successful day with boys and girls table tennis, boys basketball and boys hockey all progressing through to the Northern Metropolitan Regional on 22 October. A big congratulations to all teams and I wish them luck.
Primary Sport: Well done and congratulations to all Year 5 and 6 students who have participated in the weekly Gladstone Park Primary Schools Sporting Association Round Robin competition this year. Both the summer and winter round robin competitions have now concluded and all teams are to be congratulated on their efforts. A special mention to the girls soccer team who were District Premiers and the mixed volleyball team who were District Runners-Up. Students will now participate in a weekly House round robin competition each Friday morning for the remainder of the year. Good luck to all Houses.

I would also like to congratulate Lachlan Plant and Corey Akers for their fantastic efforts during the cross country season. Lachlan finished 3rd at the Northern Metropolitan Region and both boys progressed through to the State Championships. The remainder of Term 3 and the start of Term 4 will be dedicated to interschool athletics. Good luck to all students involved in the primary athletics team.

Ms Brigitte Seivers
Primary Sports Co-ordinator

Greenvale Kangaroos Cricket Club 2015/16 Junior Registration for Under 10s, Under 12s, Under 14s and Under 16s

Friday 28 August between 6.30pm and 9.00pm
at Greenvale Kangaroos Cricket Club, Section Road, Greenvale (Melways 178 G7)

Free club cap if you register and make full fees payment on the night.
Free hotdog for children.

Other Programs offered at our Club include:

Milo In2 Cricket (for 5-7 year olds). Program will commence mid October 2015 at Section Road oval. Contact 0418 525 481 for more information about this program.

T20 Blast Cricket (for 7-12 year olds). Our Club is seeking interested boys and girls to join a team to play in this new program. More details on this program can be found at www.t20blast.com.au. Register your interest at: jbour8978@bigpond.net.au.

“NEW” GIRLS (8-12 years old) CRICKET PROGRAM commencing this season:
Register your interest at jbour8978@bigpond.net.au or come along to Junior Registration to find out more details.

We also have 5 Senior and 4 Premier Cricket teams. Contact 0418 582 902 with enquiries about our Senior or Premier cricket.

Keep updated at our website – http://www.greenvalekangaroos.com.au
Aitken College | August 2015

Last week at OSHC we focused on healthy eating. To encourage the children to have positive attitudes to healthy eating and enjoy good nutrition we made a delicious healthy recipe, “honey and orange dip”. The children prepared the dip by combining the ingredients with great care and cooperation to accompany the sliced assorted fruit we were serving for afternoon snack. The children loved the dip and we are planning to make it again. The recipe is below-

**Honey and Orange Dip**

16oz of low fat plain yoghurt
¼ cup honey
2 tbsp. of squeezed orange juice
½ tsp. of grated orange peel

Combine all ingredients and serve with freshly sliced fruit.
When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem.

One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day—and gets there on time.

It sounds simple, but it’s true. The correlation between school attendance and children’s achievement levels is well-established. The more time kids spend at school, the more likely they are to experience school success.

Conversely, according to a report from the Victorian Auditor General, students who are regularly absent from school are at the greatest risk of dropping out of school early, and of experiencing long-term unemployment.

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem. Also, many teachers tell me, it’s often the kids who can least afford to take time off school who are most likely to be serial absentees.

Of course, most people know this intuitively, yet school absenteeism is a huge problem in Australian schools—and much of it is parent-condoned.

It’s hard to get an accurate picture across the country but it would appear that Australian students miss an average of between 12 and 15 days per school year, with parent-condoned absenteeism highest among young primary-aged children.

That adds up to a year’s lost schooling over the school-life of a child. In today’s highly competitive world, this rate of absenteeism is alarming, putting our kids at a distinct disadvantage.

That’s not a reason to be away!

It’s now commonplace for children to stay away from school for reasons that would have been unheard of just twenty years ago. These include staying away to celebrate their own or a sibling’s birthday; being absent because they stayed up too late watching television; going shopping for clothes; an extended long weekend; and kids not wanting to take part in a sports day or special school event.

This type of absenteeism sends a strong message to kids that parents don’t really value learning or their children’s school experiences.

Australian kids only spend 15% of their total time at school. They spend more time asleep than they do at school. So we need to maximise every day to get full value. That means turning up to school every day, on time.

Being late is not okay either

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late.

Current research shows that mornings for most children are the most productive time of the day, with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do, valuable learning time is lost.
... It’s not okay to be away ... nor to be late to school...

It takes strong parenting ...

As a parent myself I know how persuasive children of all ages can be when it comes to taking a day off school. It takes a strong will to resist the persistent pressure that kids can bring to bear, particularly if they play the guilt card with comments such as “It’s not fair that I have to go to school today because Aunty is coming to visit!” Nice try. But the answer should be “No!”.

As parents we need to make a commitment that our kids make the most of their precious time at school. That means that we send them to school every day, on time and ready to make the most of the school day.

Of course, there will be times, such as illness or genuinely extenuating family circumstances, when kids should be away. But these need to be a rarity rather than the norm.

It’s reassuring to know that you increase their chances of future success just by making sure they turn up to school every day. And of course regular school attendance also helps kids prepare for the workforce, where it will be expected that they turn up each day work-ready. The real world is unforgiving of those who stay away with NO EXCUSE.

As a Parent:

- ✔ Commit to sending kids to school every day.
- ✔ Make sure kids arrive at school and class on time.
- ✔ Inform the school when they are away, sending medical certificates and other evidence of genuine absence.
- ✔ Consider catching-up on missed work.
- ✔ Make kids who are away stay in their bedroom – that is where ill kids should be.
PARENTS & FRIENDS ASSOCIATION
COMMUNITY BUSINESS DIRECTORY 2015 FUNDRAISER
email: admin@aitkencollege.edu.au

You still have time to purchase a space for 2015!
This is a very inexpensive way to advertise your business for a twelve month period. Aitken families (and friends) may purchase a space for $50.00 to promote their business in the 2015 Community Business Directory. The proceeds from this fundraiser will be used by the Parents & Friends Association to improve the College environment, facilities and equipment, for the benefit of all our students.

To be part of this most valuable fundraiser, please complete the attached form and return with your payment to the Accounts office as soon as possible

Current bookings include:

ACCOUNTING & FINANCIAL SERVICES
Mortgage Choice
Mortgage Broker, Financial Planner and Insurance – we provide a free service for finding the best mortgage to suit your needs. We also provide a financial planning service and insurance.
Contact details: Chris Howitt
☎ 9333 4370 m: 0401 334 599
✉ E: chris.howitt@mortgagechoice.com.au

SBC Business Services Pty Ltd
With over 30-years' experience I can service all your taxation, accounting and business needs.
Contact details: Bernadette Crane, CPA
☎ 9308 1382 m: 0427 941 760
✉ E: sbcbusiness@iprimus.com.au

BUILDING SUPPLIES
Artistic Tile & Stone [ABN: 32 288 569 078]
Supplier of quality wall and floor tiles, stone and mosaics. Supplier of tiling materials and accessories.
Contact details: Lucy Costa
☎ m: 0430 293 255
✉ coming soon and Facebook
✉ E: info@artisticstileandstone.com.au

Pro Design Tiling Solutions [ABN: 32 288 569 078]
Covering all of Melbourne, we are a trusted and experienced tiling company which provides services for the following:
- Porcelain
- Ceramic
- Tessellated
- Terracotta
- Mosaic
- Stone (external and internal)
- Waterproofing
- Screeding
- Sealing; and caulking

We have all appropriate insurances for your peace of mind.
Contact details: Paul Costa
☎ m: 0407 571 641
✉ www.prodesigntiling.com.au and Facebook
✉ E: info@prodesigntiling.com.au

CLEANING – DOMESTIC & COMMERCIAL
Lincoln Cleaning
All types of cleaning. Specialising in carpet and rug steam cleaning, window washing, driveways and patios. Please contact us for a free quote.
Contact details: Eileen Arsovski
☎ m: 0412 119 168
✉ E: eileen.arsovski@hotmail.com

Lupco Arsovski
☎ m: 0404 799 780
✉ E: arl.2008@hotmail.com

DANCE STUDIO
The Dance Room
The Dance Room offers classes in Jazz, Tap, Ballet, Hip Hop, Breakdance, Acrobatics and Singing. We have three locations - Tullamarine, Glenroy and West Brunswick. Frist class free.
Contact details: Marnie Petch
☎ 9338 2065 m: 0418 883 608
✉ www.thedanceroom.net E: marnienelson@bigpond.com
PARENTS & FRIENDS ASSOCIATION
COMMUNITY BUSINESS DIRECTORY 2015 FUNDRAISER
email: admin@aitkencollege.edu.au

DENTAL
FirstBite Dental - Essendon
Welcome to FirstBite Dental – Essendon. You’ve just found one of the most comprehensive dentists in Essendon. As an accredited Dental Practice with ADA, FirstBite Dental offers complete cosmetic dentistry, general dentistry and orthodontic services.
Contact details: Aurora Hauth
☎ 9379 1893
✉ www.firstbite.com.au

Greenvale Dental Group
Greenvale Dental Group is your local dentist located inside the Greenvale Shopping Centre. Dr Soraya Eakins and her team are passionate about modern, gentle dentistry – specialising in family, emergency, sedation and cosmetic dentistry.
Contact details: Greenvale Dental Group
☎ 9333 6854
✉ www.greenvaledentalgroup.com.au

HAIR & BEAUTY
Hair 4 Kids – Airport West
Hairdressing for babies, toddlers, primary and secondary school kids. A colourful salon where children can play PlayStation and watch DVD’s whilst waiting. We at the salon also provide haircuts for families.
Contact details: Con Hondrogiannis
☎ 9310 4696
✉ Facebook- Hair4Kids – Airport West  E: hair4kidsairportwest@gmail.com

Perfect Pout Hair & Make-up
Almost 10-years in the Bridal industry – specialising in hair and airbrush make-up, which lasts up to 24-hours – tear and perspiration proof- and gives a flawless finish to the skin, making it perfect for HD photography.
Contact details: Helen Shamsabadi
☎ m: 0419 520 905
✉ www.perfectpout.com.au  E: info@perfectpout.com.au

Synergy Hair Beauty Massage
Full service salon specialising in hairups, hairdressing, make-up, spray tans, waxing, facials and massages. Deb packages are available including hair, spray tan, nails and makeup. Call our friendly salon and book now.
Contact details: Deb Casey
☎ 9744 1635  m: 0408 054 483
✉ www.synergyhbm.com.au  E: accounts@synergyhbm.com.au

HEALTH & FITNESS
Julie’s Fitness Studio
Personal trainer to improve your health and fitness in a very private studio with complete gymnasium – quality gym equipment, weight loss program and body toning. Pricing: $30 per 1-hour session (group sessions also available).
Contact details: Julie Theuma
☎ m: 0425 719 444

MEDICAL SERVICE
Westmeadows Medical Centre
Contact details:
☎ 9338 2305
✉ www.westmeadowsmc.com.au  E: pracnurse_westmeadows@yahoo.com.au

MUSIC LESSONS
Greenvale Music School
Music lessons for all ages and levels, in the following instruments: Piano, Violin, Guitar, Drums, Flute, Clarinet, Saxophone and Singing.
Contact details: Jenaye Lanser-Block
☎ m: 0401 497 612
✉ E: greenvalemusicschool@gmail.com
TENNIS & FITNESS

*Complete Tennis Services*

We are affiliated with Tennis Australia and provide tennis programs as well as competitions for the whole family, including: Hotshots, Tennis Xpress, Cardio Tennis, Fast4 Competitions and social events. We have three locations in Hume: Craigieburn and Greenvale Tennis Clubs and the new Hume Tennis and Community Centre.

Contact details:

- Nathan Xuereb
  - T: 1300 486 382
  - E: nathan@humentennis.com.au
  - W: www.humentennis.com.au

TRANSPORT

*Bill Kerry Machinery Transport Pty Ltd*

Crane Truck Hire – “we lift and shift”

Transport and placement of all types of machines, factory relocations, switchboards, sheds, containers, new house beams, trusses, statues, stone, air conditioners onto roof tops, water tanks, etc. Unusual items are our specialty.

Contact details:

- Michael Kerry
  - M: 0417 396 795
  - W: www.bkmt.com.au
  - E: info@bkmt.com.au

TUITION

*Art Studio – Drawing and Painting*

The Studio provides Drawing and Painting Tuition for students of all ages. After school classes are run by a qualified teacher in small groups with materials provided.

Contact details:

- Silvia Parisi
  - M: 0414 466 572

*Hume Maths and English Tutoring*

Year 4, 5 and 6 Maths and English tutoring. Available in Greenvale, Attwood, Westmeadows, Gladstone Park, Tullamarine and Craigieburn. For further details, please phone Yullia on 0405 380 267.

Contact details:

- Yullia Beteramia
  - M: 0405 380 267
  - E: yulliabeteramia@yahoo.com

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Thank you to all the above service providers for submitting your applications. We look forward to receiving many more from our College community.

Yours sincerely,

*Siobhan Short*

President - Aitken College Parents & Friends Association

[07/08/15]
$50.00 PER SPACE

Please complete and return this form – with your payment to the Accounts office as soon as possible

FAMILY NAME: __________________________________________________________

PHONE: ___________________ MOBILE: ___________________

EMAIL: ________________________________________________________________

BUSINESS NAME: ______________________________________________________

BUSINESS TYPE: _______________________________________________________

BUSINESS ADDRESS: ____________________________________________________
                                                                                   Postcode __________________________

BUSINESS PHONE NUMBER: ___________________ BUSINESS MOBILE: ________________

BUSINESS WEBSITE: _____________________________________________________

BUSINESS DESCRIPTION: (50 words or less)
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

☐ CHEQUE $________ payable to Aitken College Parents & Friends Association
☐ CASH $________
☐ CREDIT CARD: ☐ MasterCard ☐ Visa ☐ Amex

Card Number: _______________ Expiry Date: __________ 

Name on Card: __________________________ Signature: __________________________ Date: __/__/2015