

NEWSLETTER

13 November 2015

Volume 17 Issue 16



College Mission . . .

Building on a foundation of Christian values, the mission of Aitken College is to enable students to become informed and compassionate members of the wider community by inspiring academic achievement and creativity, nurturing self worth, encouraging environmental responsibility and committing to service with and for others.

Important Diary Dates for 2015

Fri	20 Nov	Report Writing Day (student free)
Mon	07 Dec	Presentation Night (Years 3 to 12)
Wed	09 Dec	Term 4 concludes

Term Dates for 2016

Term 1	2/3 February	to	24 March
Term 2	11 April	to	24 June
Term 3	18 July	to	16 September
Term 4	3 October	to	9 December

Thought: "The miracle is not to fly in the air, or to walk on the water; but to walk on the earth." Chinese proverb

From the Principal

Remembrance Day Service: This week we held our annual Remembrance Day Service involving all our students. Students were reminded that we commemorate the sacrifices made by so many that we can enjoy the freedom we have today. The Year 6 students presented statistics on those who died and were injured from some of the many countries that make up our multicultural nation. Those statistics were a poignant reminder of the sacrifices made. Lest we forget.

The students read together the following pledge written by an Australian poet, Rupert McCall:

*I am young and I am worthy, I am brave and I am strong
In the face of any challenge, I will strive to rise above
I deserve this opportunity to live, to learn, to love
I can truly make a difference; my path is up to me
And this is my commitment – be the best that I can be.*

The pledge is a positive message of gratitude and promise for our students.

The Parents and Friends will be holding their Annual General Meeting on Wednesday 25 November. Members of the Aitken College community are welcome to nominate for positions on the Parents and Friends Committee. These positions include:

President
Vice President
Treasurer
Secretary
Assistant Secretary
General Committee member

One change will be made to the Parents and Friends constitution to incorporate the Friends of the Arts and there will also be a position for Friends of the Arts Representative. If you are interested in nominating please send an email to admin@aitkencollege.edu.au. Any parents who would like to support the Parents and Friends events (either one or more) but cannot commit to being on the committee can also put their name down for the volunteer roster.

*Mrs Josie Crisara
Principal*

From the Deputy Principal

It was great to see so many families at the Open Evening, Twilight Concert and the Art and Design Exhibition recently. Family groups laid out rugs and chairs at the front of the school and enjoyed the music, barbeque, ice cream/coffee vans and toured the art and design exhibition. Many prospective families visited for school tours.

Presentation Night: Please check that your family's calendar has reserved Monday 7 December for Presentation Night; attendance is compulsory for all students from Year 3 to Year 11. This is the one occasion in the year when the College community gathers together to celebrate the achievements of the College and its students.

Parenting Ideas: A great website for parents is <http://www.parentingideas.com.au>. Michael Grose offers a variety of highly regarded parenting support material, including a special online course that commences this week.

*Mr Kim Forward
Deputy Principal*

Parents and Friends Association News

We had a fabulous dance party for Fairview last Friday night. The littlies had a blast and wow we went through so many glow sticks! We hope everyone enjoyed themselves. Thank you to all the helpers, particularly the new mums and dads who helped; it was very much appreciated.

Pre-Loved Uniform Sale: The Parents & Friends annual pre-loved uniform sale will be held on Tuesday 1 December from 2.30pm to 5.00pm in the Chapel and Performing Arts Centre foyer. Parents & Friends will have many uniform items to sell at bargain prices plus at this sale. Tables will be available to parents and students to sell their own items at a cost of \$5.00. To book your table please email pandf@aitkencollege.edu.au. There will be a limited number of tables so first in best dressed. Also if you would like to donate any uniform items to Parents & Friends please leave them in the bin outside Reception.

Community Business Directory: Thank you to all businesses that have advertised in our Community Business Directory over the past year. If you have not looked recently please see the end of the newsletter or look online at www.aitkencollege.edu.au. If you have any queries regarding the Business Directory please email us at: pandf@aitkencollege.edu.au. We will take orders for next year's directory soon.

Tea-Towels: The tea-towels look fantastic! Hopefully it won't be long until they arrive. If you missed out getting your order in please let us know, we will have some spares.

Next Meeting: This is the Annual General Meeting and will be held on Wednesday 25 November, upstairs in the Chapel and Performing Arts Centre (seminar room P24).

Parents & Friends would love to hear from you! We are planning our events for next year, so if you have any questions, comments or ideas please email us at: pandf@aitkencollege.edu.au or comment on our Facebook page.

*Mrs Siobhan Short
Aitken College Parents & Friends Association*

Brookhill School Notices

As you read this article, Year 12 students will be approaching the half way mark of their final exams. By the end of next week most Year 12 students will have finished their last exam; in other words, they will have completed their schooling!

To these (soon to be former) students, we say thank you for all you have contributed to the life and culture of Aitken College. We also must thank the parents who have sent their children to us to be educated. It has been our pleasure to teach your children and it has been a joy to us to see them grow and develop into the wonderful young women and men they have become.

I look forward to seeing all Year 12 students, along with their parents and families at the 2015 Valedictory Dinner. This will be held on Thursday 19 November at The Manor on High, 519 High Street, Epping.

Upcoming Brookhill Dates: VCE/VCAL Early Commencement Program - All current Year 10 and Year 11 students will commence their 2016 VCE Programs on Monday 23 November. The VCEECP will conclude on Friday 4 December. All current Year 10 and Year 11 students are required at school for this period.

On Tuesday 24 November, all Year 11 students will visit RMIT University, where they will undertake a series of workshops run by University staff. This excursion will inform students about post-school study options and give them hands on experience of post-school University and TAFE study. Students are required to make their own way to and from the University on this day; full details of this will be distributed to families shortly.

Presentation Night: This is on Monday 7 December; all students are expected to attend in full school uniform.

*Mr David Murphy
Head of Brookhill*

VCAL News

As part of the VCAL Personal Development Skills Unit of work, the Year 11 and Year 12 VCAL students have been involved in another community project for the Year 10 Music Recital Concert, recently held at the Wonderland Spiegeltent Harbourside, Docklands. The concert was set up as a cabaret-style event where the audience were seated at tables and served finger food by the VCAL students. The students were also required to help set up the tables, man the entrance to the concert, direct families to their seats and participate in the general running and catering of this event, including clearing away table items and cleaning up.



*Mrs Jenny Lilley
VCAL Co-ordinator*

VET News

Business Structured Work Placement Opportunities: Aitken College will have just under 220 students taking one VET subject or another in 2016. Some of these subjects are taken on site in the way of VET Music, VET Business and VET Sport and Recreation. Others are taken off site at a TAFE or similar institution, including amongst others, Electro-technology, Building and Construction, Hospitality and Equine Studies. Because VET (Vocational Education and Training) involves hands-on learning, all of the subjects have a large practical element to them which includes venturing out into the work place and experiencing real world work as part of satisfying the components of certain units of work.

Of late a couple of offers have come my way from families within the Aitken College Community who would like to accommodate students within Structure Work Place Learning (SWL) next year. It is always good if we can mutually assist one another within our community by way of learning for students and perhaps them, in turn, lending a helping hand to businesses at the same time. If you have a business or a business contact that you think would like to participate in this please send the details to me at cflynn@aitkencollege.edu.au.

Students work in specific areas but they also have need of general experience so this list is by no means finite.

Building and Construction	Hospitality (food/front office)	Electrical
Hair and Beauty	Office work	Refrigeration/Air Conditioning
Auto Mechanics	Landscaping/Horticulture	Health
Child Care	Computers	Justice
Personal Training	Equestrian	

*Mrs Caron Flynn
VET Co-ordinator*

Dunhelen School Notices

This week Aitken played host to 90 new students. The Year 7 2016 Orientation Day was held on Thursday 12 November and our current Year 6 students got to meet the new students joining us next year. Needless to say, there were a few nervous children around but by the end of the day it was pleasing to see lots of happy faces. I am sure that the day helped ease a lot of the uncertainty for many of the students, including our own Year 6 students.

At this stage of the year students may be starting to feel a little overwhelmed as there is lots to do. Please encourage your child to talk to you or a teacher if they feel that their workload is becoming too great. There are assignments and tests coming up for most of the students, so it is important to remember to help your child prioritise their time and provide a nice, quiet study area for them.

The school year for Dunhelen students finishes on Wednesday 9 December. Please ensure that your child attends school until this date. Students who are absent or on holidays before that time may miss items of assessment and this may impact on their achievements. It is important that students understand the importance of education and attendance. We, as adults, should help them reach these understandings.

A reminder that Friday 20 November is Report Writing Day and students will not be required at school on this day.

*Mrs Francis Scuderi
Head of Dunhelen*

Cumberland School Notices

The students returned to school after the long weekend well rested and ready for the final half of the term. It was obvious that many of our students had time to ‘stop and smell the roses’. This is a phrase we often hear but do we really achieve this in our daily lives? As educators we often talk to students about specific school related issues or we are busy assessing and collecting data for reporting. As parents, I am sure your days are often full with many pressures from work and the stresses that often go hand-in-hand with busy schedules. Schooling in 2015 is certainly different from what I remember as a student, unfortunately, many years ago! The exposure of extra-curricula activities and the availability to technology constantly changing. We need to make sure we take time out to rest and relax!

Looking forward in the school calendar, we have many events approaching. I would specifically like to ask the community to make sure 7 December (Presentation Night) is in everyone’s calendar. This is a compulsory College event for students from Year 3 to 11. This is a time where the community comes together as one and celebrates the year that has past. A time for us all to ‘stop and smell the roses’ and enjoy the highlights of 2015. If students will not be attending the evening, please inform me in writing in the coming weeks. Step-up day will be on 8 December. As we did last year, students will be grouped in their 2016 classes and spend periods 1 to 4 with their Homeroom teacher/s for next year. This was a highlight last year as it created great excitement in the playground before school.

*Mr Ashley Penny
Head of Cumberland*

Fairview School Notices

Children are a wonderful gift. They have an extraordinary capacity to see into the heart of things.... Bishop Desmond Tutu

Fairview Concert: The Fairview Concert was a wonderful opportunity for the Preparatory School to showcase their creativity, enthusiasm and love for the Performing Arts. During this time we celebrated the children’s individual gifts, and how combined they form a precious community. Each class worked as a team to share their talents and interest in forming a delightful story to share. Our children are an amazing asset; they have the capability of sharing their perception and creativity. Their view of our world is perfect, full of fun and very vibrant. The concert captured each child’s spark; as they performed for an eager audience.

We thank Miss Colthup and Ms Cosgriff for their amazing organisation, assistance and inspiration, the Fairview homeroom teachers for their wonderful work and commitment; and the children for their enthusiasm and excitement. Also we appreciate the support and guidance received from Mr Cooper, Mr Pedersen, Mr Thorneycroft, support staff and the secondary school student helpers.



Read Write Repeat 2015 Winners: The Read Write Repeat competition was a celebration of the gift of writing. This year over 9,100 entries were received from throughout Australia. First prize was received by our own Year 2 (2RY) student, Manaan Buch, for his poem ‘My Forgotten Friend’. The judges stated that his “work shone out as a winner”, we congratulate Manaan on his wonderful achievement.

My Forgotten Friend

**My friend my forgotten friend
Why I have everything and you do not
I sleep cozy and you in hot
My birthdays, my first step, my cries my smile
everyone remembers
But why my friend about you they forgot
Come hold my hand and hold it tight
My friend my forgotten friend
Together we will make it ALRIGHT.**



Manaana's first prize award included the following:

- A cheque for \$500.00;
- A PlayStation 4;
- An engraved First Place Winner's pen;
- Manaana's poem printed on a wall mounted plaque and
- The poem printed in our upcoming anthology 'Read. Write. Repeat' (March 2016 edition).

For a full list of the prizewinners and their stories and poems visit: <http://www.write4fun.net/competitions/55/winners>

Swap Cards: During assembly the children were reminded that they are not permitted to bring any sort of swap cards to school e.g. Pokemon cards. In the event a child does bring swap cards to school, they will be confiscated for a period of time determined by the Homeroom teacher. It was explained to the children that if they are lost or misplaced the College is not responsible for any swap cards, these guidelines are the same with toys, as stated in the Fairview Handbook.

*Ms Kerrie Neophytou
Head of Fairview*

Careers News

A reminder that during this 'season of exams' Careers staff are available in B21 to assist with queries about VTAC preferences and options post Aitken for the Year 12 students and subject choices for the students in Year 10 and Year 11.

Later this month, all Year 12 students will be mailed a package of information about receiving their results and ATAR, changing preferences, Expos and information sessions at the tertiary institutions during the traditional Change of Preference Period in the week the results are released and the availability of Careers staff up to 18 December.

Year 11 students have received information about the 'RMIT Future Finder Excursion' taking place on Tuesday 24 November. They are required to return their signed Permission Slips to Senior School Office no later than Wednesday 18 November. This excursion provides the opportunity for our students to explore a tertiary campus, travel to and from RMIT unaccompanied, learn about the courses and career outcomes possible at a dual sector institution (university and TAFE) and discover what it is like to be a tertiary student. The students are expected to dress neatly and comfortably and to plan their journey in order to arrive on time. We are looking forward to an informative, enjoyable and useful day with the students on campus.

Career News 17: This is now available and contains information about careers in the rail industry, some new, useful careers and labour market websites, a new Health Science Unilink Diploma at Swinburne University, school holiday programs at the Zoo, a new pathway to studying Pharmacy at Monash University, building industry apprenticeships with HIA and much more. The following link will take you to the careers newsletter: <http://www.aitkencollege.edu.au/educational-programs/careers/careers-newsletter/>.

Ms Gibbs and Mrs Borg are available to help students with any questions they might have about careers, courses and pathways. Please come and see us in Room B21 at the Careers Centre, telephone us on 9333 1866 or email your concerns or queries to careers@aitkencollege.edu.au.

*Mrs Clare Borg and Ms Rae Gibbs
Careers Advisers*

Chaplain's Corner

Taking Time to Rest! It is great to be back at Aitken College after a six week break which included four weeks of Long Service Leave. My long break was filled with surprises and insights, some of which I would like to share with you. Like many staff, as soon as the school term finished I came down with the flu. It was as if my body was just holding on until I had time to stop. And stop it did. Our bodies have a wisdom of their own and we would be wise to pay attention to them. With some rest I recovered quickly and was in good health for my Long Service Leave; which included the Australian Masters Games and two weeks of relaxing travel, driving back from Adelaide along the coast.

The first stop was Kangaroo Island. I was struck by the rugged wilderness and the unspoilt beauty of parts of the island. There were few introduced weeds and no introduced species such as foxes or rabbits. I saw sea lions, fur seals, kangaroos, wallabies, koalas, goannas and a good number of bird species I had not seen before. Delight is the word that comes to mind; delight in God's beautiful creation and delight that I could commune with nature in such a rich and profound way. To look out my window and see a seal taking a morning surf at my remote beach sanctuary was indeed a most wonderful experience.



Kangaroo Island had set the benchmark for searching for remote areas with minimal signs of human interference, places that nourished my soul where I could enjoy the magnificence of the Australian coast and bush. Taking regular intervals to just stop and rest and recharge the batteries. There is much wisdom in the Biblical notion of having a day of rest. I discovered a peacefulness about being rested and surrounded by nature. And I did not feel guilty or condemn myself as lazy - I was content to just be.

And so I return to school, refreshed and energised, but also mindful of the importance of having a balance of work, play and rest. Rest makes more room for the gifts of the Spirit; peace, hope, joy and love and I would encourage all of you to embrace rest as a valuable and productive use of your time.

*Rev Jeanne Beale
Chaplain*

Humanities News

Our Year 8 Geography students are investigating urbanisation and city land use. On Friday 6 November, students went to the World Heritage Site of Carlton Exhibition Building and Gardens, where they gathered field data and completed a field sketch of the ornamental lake. The excursion was part of a combined initiative with the Science Faculty. Students coped well with the difficult weather to gather some insightful data on transportation patterns in the inner suburbs.

Some more inspirational excursions have taken place recently for our students. Year 9 Geography students are investigating trade and how it connects places and people. The year level recently visited the Port of Melbourne for a day. They spent time completing activities and listening to a talk from a Port of Melbourne Corporation staff member. Next, they walked under the West Gate Freeway and completed an annotated field sketch of the area. The final activity, and a popular one at that, was having a guided bus tour of the Port facilities, watching enormous cranes unload, seeing various machinery and vehicles being imported to Australia, and seeing endless rows of shipping containers. It was a fantastic day out and highly educational.



Our Year 10 History students studied World War Two earlier in the year, and briefly looked at the horrors of the Holocaust. Those studying History this semester were treated to an impassioned oration from a concentration camp survivor, and received a guided tour in small groups around the fascinating collection of material from the Holocaust at Elsternwick's Jewish Holocaust Centre. Students learnt a lot, and were told by Holocaust survivor William that it was their duty to make sure they never succumbed to the worst disease on Earth – hatred. Wise words.

*Mr Ben Lawless
Head of Faculty - Humanities*

Physical Education News

PE Sports Awards 2015: On Friday 16 October, Aitken College held our annual Sports Awards for 2015. Students and staff were captivated by our special guest speaker, Kevin Sheedy, who is a former Australian Rules Football Coach and player in the Australian Football League and an inductee into the Australian Football Hall of Fame in 2008. He spoke about how we should all strive to give opportunities a go and to cherish everything we have. It was great to see Kevin talk about such important life goals and not just about AFL football. The students and staff were in awe and could not applaud any louder when he finished. He was very humble on accepting an award given to him by the Physical Education Department for the generosity of his time. Kevin also gave out our overall Sports Persons of the Year which was greatly appreciated by the recipients of this award. Kevin spent many hours taking photos with students and staff and spoke about his adventures in a lunch held by the PE department. We thank Kevin for his professionalism, kindness and all round "Mr nice guy" who gave us his time.



A lot of Sporting achievements were made during 2015. Students really took on the opportunities School Sport Victoria provided and many teams and individuals were successful in reaching State finals. At the end of 2014 we had our first ever State Winner in Jessica Anderson for the under 17 Girls Triple Jump. Jessica will now be a part of our Aitken College PE Hall of Fame.

I would like to personally thank our Interschool Secondary Sports Co-ordinator, Mrs Natalie McNamara for all her work making SSV sports such a success. As Mrs McNamara takes maternity leave next year we welcome Mr Dean Taylor and Miss Gemma Crole to oversee SSV whilst she is away.

I would also like to thank Ms Brigitte Seivers, our Primary Sports Co-ordinator and who continues to do such a fine and organised job. Ms Seivers has now taken a break from Primary Sports Coordinator and Mr Nigel Keegan will now take her place in 2016.

Both Mrs McNamara and Ms Seivers have put in many hours for interschool Sports to be successful and I am sure all students and coaches are very appreciative of their efforts.

I would also like to say thank you to all our coaches for putting in the time with their teams.

Lastly I would like to congratulate all the students for showing such passion and dedication to their sport. A special mention goes to the outgoing Year 12 students who had a huge impact on our sporting program for 2015. We wish them all the best for their future and we hope that sport has become a part of their life outside of Aitken.

Our Sports Awards winners for 2015 are:

2015 Year 5/6 Sport Awards

SUMMER	Coach	Most Valuable Player	Coaches Award
Boys Softball	Mrs Wachter	Michael Cutri	Marcus Lagana
Girls Softball	Mrs Wachter	Gemma Baird	Keisha Sadler
Mixed Volleyball	Ms Seivers	Azad Orhan	Sarah Marmura
Girls Volleyball	Ms Seivers	Phoebe Harvey	Cheyenne Fuller
Boys Basketball	Mr Brewer	Daniel Touma	David Angove
Girls Basketball	Mr Brewer	Alicia Clark	Jordyn Melle
Kanga Cricket	Mr Keegan	Dylan Wijayanayake	Joshua Webster

WINTER	Coach	Most Valuable Player	Coaches Award
Mixed Soccer	Mr Brewer	Julian Torres	Anthony Ceniti
Girls Netball	Mrs Dowling	Gemma Baird	Tianna Dimevski
Mixed Netball	Mrs Dowling	Mia Calabro	Marcus Menzies
Boys Handball	Ms Seivers	David Angove	Sebastian Mafrici
Girls Handball	Ms Seivers	Teia Klaric	Celeste Aquino
Touch Rugby	Mr Keegan	Michael Cutri	Ali Dib

Year 7 - Term 1

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Cricket	Declan Harvey		Mr Oreo	
Boys Volleyball	Angus McTaggart		Mr Koodrasev	
Girls Volleyball	Kellie Greig		Mrs McNamara	
Girls Softball	Kaylee Amistoso	Taylor House	Mrs Wachter	NMR
Girls Tennis	Sasha Peters	Mystique Maljanek	Mrs Pocervina	STATE
Boys Tennis	Alec Mautone	Brandon Hay	Mrs Pocervina	NMR

Term 2

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys AFL	Zachary Saunders		Mr Taylor/Mr Mackrell	
Boys Soccer	Zaydan Bello		Mr Eleftheriou	
Girls Soccer	Adele Paletemps		Rev Beale	
Girls Netball	Jorja Hollow		Miss Howells	
Boys Badminton	Flynn Taylor		Mr Hilar	

Term 3

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Basketball	Luke Scicchitano	Zachary Saunders	Mr Mackrell	NMR
Girls Basketball	Jorja Hollow		Mrs McNamara	
Boys Hockey	Jaylan Lessio	Bailey Chetwynd-Brown	Rev Beale/Mrs McNamara	NMR
Boys Table Tennis	Jake Edgar	Angus McTaggart	Mr Prentice	NMR
Girls Table Tennis	Chloe Delaveris	Mystique Maljanek	Mr Prentice	NMR

Year 8 - Term 1

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Cricket	Emre Ayan	Noah Davis	Mr Patchell	NMR
Boys Volleyball	Jake Dalglish		Mr Koodrasev	
Girls Volleyball	Giann Siracusa		Mrs McNamara	
Girls Softball	Holly Brown		Mrs Wachter	
Girls Tennis	Shanya Prasad	Aimee Borg	Mrs Pocervina	NMR
Boys Tennis	Krstan Maric	Hasan Omer	Mrs Pocervina	NMR

Term 2

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys AFL	Adam Conti		Mr Taylor/Mr Mackrell	
Boys Soccer	Michael Daskalos		Mr Patchell	
Girls Soccer	Mikayla Barnes		Mr Shaw	
Girls Netball	Victoria Ikenasio		Mrs Dowling	
Boys Badminton	Hasan Omer		Mr Hilar	
Girls Badminton	Caitlin Vincent		Mr Hilar	

Term 3

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Basketball	Jack Satler		Mr Mackrell	
Girls Basketball	Madeleine Terranova		Mrs McNamara	
Girls Hockey	Mikayla Barnes	Caitlin Vincent	Mr Oreo	NMR
Boys Hockey	Aidan Kanj	Adam Conti	Mrs Wachter	NMR
Boys Table Tennis	Hasan Omer		Mr Prentice/Ms Seivers	
Girls Table Tennis	Kiralee Backhouse		Mr Prentice/Ms Seivers	

Intermediate - Term 1

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Cricket	Thomas Scifo		Mr Lawless	
Boys Volleyball	Oliver Kubilay		Mr Hamilton	
Girls Volleyball	Nikita Reali		Ms Herron	
Girls Softball	Emily McPherson	Abigail Marks	Miss Howells	NMR
Girls Tennis	Jobelle Marasigan	Carla Demirtel	Mrs Pocervina	3rd at State
Boys Tennis	Sezer Hudaverdi	Eren Friebe	Mrs Pocervina	NMR

Term 2

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys AFL	Tyrone Parsons		Mr Taylor/Mr Mackrell	
Boys Soccer	Oliver Kubilay		Mr Eleftheriou	
Girls Soccer	Seren Akyuce		Ms Herron	
Girls Netball	Jessica Dalglish	Emma Bardzinski	Ms Seivers	NMR
Boys Badminton	Ashwin Ponnudurai		Mr Hilar	
Golf	Nicholas Nidzebelis		Mr Prentice	

Term 3

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Basketball	Luka Glogovac		Mr Mackrell	
Girls Basketball	Abbey Angove		Mrs McNamara	
Boys Hockey	Chris Stoios	Ethan Davis	Rev Beale/Mr Taylor	NMR
Boys Table Tennis	Daniel Foley		Mr Hamilton	

Senior - Term 1

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Cricket	Jake Alesci		Mr Patchell	
Boys Volleyball	Nathan Northby		Mr Hamilton	
Girls Volleyball	Chloe Angove		Mrs Dowling	
Girls Tennis	Ellie Tzaferis		Mrs Pocervina	
Boys Tennis	Ayden Demirtel	Thomas Roder	Mrs Pocervina	NMR

Term 2 #1

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys AFL	Alex Galie	Daniel Trifunovic	Mr Mackrell/Mr Taylor	State ¼ finals
Girls AFL	Chloe Angove	Prudence Cordes	Mrs Pocervina	
Boys Soccer	Mathew Perta		Mr Patchell	
Girls Netball	Ebony Yendall		Mrs McNamara	
Boys Badminton	Lachlan Scott	Alex Crisara	Mr Hilar	NMR

Term 2 #2

Sport	Coaches Award	Most Valuable Player	Coaches	Place
Boys Basketball	Ross Licciardi		Mr Mackrell	
Girls Basketball	Alisha Morgan	Chloe Angove	Mrs McNamara	NMR
Boys Hockey	Tyler Tannenberg	Lachlan Ellis	Rev Beale	NMR
Girls Table Tennis	Sabrina Nassar		Mr Prentice	

Primary Sportspersons 2015	Teia Klaric	Corey Akers
Junior Sportspersons 2015	Adam Conti	Jake Dalglish
Senior Sportspersons 2015	Chloe Angove	Ellie Tzaferis

*Mrs Christine Pocervina
Head of Faculty - Physical Education*

Primary Sport: Primary Interschool Sports for 2015 concluded on Friday last week with the Primary Orienteering Championships. The event was held at Hawkstowe Park in South Morang. 47 students represented Aitken at the event, with students competing in both pairs and individual categories. For some students this was their first time participating in an interschool Orienteering competition and many new skills were learnt. Even though the day had some light showers it was a success and students enjoyed themselves. Well done to the Orienteering team; Aitken finished 6th overall on the day. A special mention to Sarah Hay and Emma Grady who finished 2nd in the Year 5 Girls Pairs category and Cheyanne Fuller and Jenny Huynh who finished 3rd in the Year 6 Girls Pairs category.



*Ms Brigitte Seivers
Primary Sports Co-ordinator*

Science News

Year 5 and 10 Stars Exhibition: Wednesday 21 October saw the second 'Aim for the Stars' assignment completed by some of the Year 10 students. The Year 10 General Science B class had to teach various small groups of students from Year 5B about different stars found in our night sky. The exhibition was a great success with the Year 10 students being enthusiastic about their teaching and the Year 5 students engaged in their learning. Thanks to the Year 10 students for their co-operation, Mr Stephen Brewer for his assistance and the students of 5B.



*Mr Tassie Eleftheriou
Science Teacher*

Visual Arts News

The Aitken College Visual Arts and Design Exhibition: The 2015 Visual Arts and Design Exhibition was a truly fantastic event and I would like to thank all the students, parents and staff who came to see the exhibition. The talent and quality of work speaks for itself, although I admit that I am biased. The exhibition was on display for three days with a late closing time of 7.30pm on Wednesday and Thursday in the hope that more families would have the chance to see it. There were many positive comments and compliments made about the artworks. Highlights were the collaborative artwork completed by Ms Inga Hanover for the Artist in Residence Project, the ceramic sculptures, the pots with succulents, the Prep portraits, the river landscapes by Year 1, the peace crane origami project, the Photography and the furniture.

The organisation of a full school exhibition is a big task, and I would like to acknowledge and thank all the staff involved in particular the Visual Arts staff: Mrs Camilleri, Ms Hester, Mr McPhie, Mrs Adams, Ms Mazzarotta, Ms Duell, Mrs Paniagua, Mr Koodravsev, the Studio Arts assistants Mr Tyler and Mrs Atkinson, the Design and technology staff: Mr Grech and Mr Robinson, workshop technician Miss Perryman and the maintenance staff: Mr Tountsios and Mr Shepherd. There are lots of other people who helped throughout this event including wonderful Year 9 student volunteers and many other staff who helped in various ways to ensure the smooth running of this exhibition, such as supervising the artwork and moving furniture.

Students will be taking their artwork home over the next few weeks. Hopefully these artworks will be enjoyed and cherished.



*Mrs Michelle McKay
Head of Visual Arts*

Aitken College Giving Tree

Each year Aitken College runs a Giving Tree which supports the work of Lentara Uniting Care in Broadmeadows. At Christmas there are many young children in our local community who will have very little, if any joy with regard to presents being available to them. Most of us associated with the Aitken College community will have a joyous Christmas and presents will play a big part in that, at least for our children. When you prepare to spend for your family this Christmas, **can I invite you to purchase ONE gift for another child**, a child you will never meet, but who will find Christmas just that bit better because of your kindness. Perhaps involve your children in this so they realise what a good thing it is to give.

Conditions are: The gift must be NEW, UNWRAPPED and with NO PRICE TAG. We cannot accept old and used gifts. The Giving Tree will be set up from Monday 16 November in the Chapel and Performing Arts Centre foyer. Please place your gift by the tree. If you have any questions please feel free to contact Mr Chris Ward at the College on 9333 9213.

Choir Concert at Aitken

A warm invitation is extended to the Aitken community, family and friends to attend a short concert on Saturday 21 November from 3.00pm to 4.30pm in Common Room 1.

This concert will feature our very own Primary Choir the *Songsters*, the *Greenvale Community Choir* and the *Brunswick Gospel Choir*.

Music will be popular and well worth coming along to see and hear. Admission will be by gold coin donation for a charity which Aitken supports. Please put this date in your diary and get some friends and family to join you. Some refreshments will be available at the end of the concert.

If you have any questions, please contact Chris Ward on 9333 9213 or email cward@aitkencollege.edu.au



HOW TO GET STARTED

Before using our programs register online for an account. Registering is quick and easy. Visit www.campaustralia.com.au/newparents to begin.

Aitken College | November 2015

Last month Hume Council was involved in a community safety month where safety and safe practices are promoted within the community. At OSHC we also became involved, we practised our emergency evacuation drill, talked about sun smart practices, water safety awareness and road safety.

We also decided to give a demonstration in first aid practices and Robert who is in Year 5, volunteered to do it. We were all very proud of Robert who competently showed us how to put someone in the recovery position, perform CPR and make a sling.

Save on Care

Save 50% or more on Before and After School Care with the Child Care Rebate. Almost all families are eligible. To find out more call our [Customer Service Team on 1300 105 343](tel:1300105343)

Holiday Clubs

Don't forget about the Camp Australia Holiday Clubs these school holidays. Use the Holiday Club Finder on the website to find the nearest program: www.campaustralia.com.au/holidayclubs

Healthy Snacks

Afternoon tea is served daily. Menus are tailored to children's tastes, developmental and nutritional needs. Afternoon tea includes a selection of yummy sandwiches and fruit. Children may also engage in fun cooking activities.



we make kids smile
www.campaustralia.com.au

Bookings for 2015

Parents please note that we are coming to the end of the year and unless bookings are changed or cancelled via Camp Australia or the parent portal, they will remain the same following through until 2016.

FOOD FOR THE WEEK

Before School Care		Toast, assorted spreads, cereal, milk, Milo, fruit		
After School Care				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit Dried fruit Sandwiches Rice cakes	Corn chips Salsa Fruit Sandwiches	Fruit Vegetables Sandwiches Rice cakes	Fruit Dry biscuits Sandwiches Vegetables	Fruit Popcorn Sandwiches Vegetables

Aitken College Parents & Friends

PRE-LOVED UNIFORM SALE

Tuesday 1st December
2.30pm - 5.00pm

CPA Foyer

To book a table email pandf@aitkencollege.edu.au





PARENT WELL with the *Meta-Moment*

BUILDING EMOTION REGULATION SKILLS



Join Michael Grose for a 4-week online parenting course
Parent Well with the Meta-Moment

Get the skills to be a more effective parent as well as help your kids better manage their feelings and emotions.

Parent Well with the Meta-Moment is one of a series of online courses to teach you how to gain mastery over your emotions so you can be successful in all areas of life.

- ✓ The Meta-Moment is a practical research-based tool developed by the Yale Centre for Emotional Intelligence
- ✓ Retrain your brain to be a better parent so you can always stay cool in stressful situations.
- ✓ Learn how to manage everyday stressful situations calmly so you don't respond with angry outbursts and don't say things to your kids that you regret later on.
- ✓ Help your children stay calm rather than overreact when others tease or taunt them.
- ✓ Develop critical greater self awareness of how your thoughts and emotions drive your behaviour, and importantly be able to pass these skills on to your children.
- ✓ Downloadable weekly videos, workbooks, learning activities and Facebook Q & A to discuss and answer your queries with Michael Grose
- ✓ A useful tool for carers and teachers who are looking for a great tool to help their students better manage their emotions
- ✓ Suitable for all age groups

The 4-week **Parent Well with the Meta-Moment** starts on 13 November.

Join now for a **special discount price of \$57** (normally \$67) to take advantage of FREE access to **Parentingideas Club** before the course starts on 13 November. Use special discount code: METASPECIAL

Or why not join **Parentingideas Club** for \$167 (normally \$197) annual membership and get access to **Parent Well with the Meta-Moment** plus the CLUB plus 4 more online parenting courses planned during the next 12 months. Use special discount code: METASAVE

Full details and registration at: <http://www.parentingideasclub.com.au/Info/Membership>

Or contact the Parentingideas team 03 59831798 office@parentingideas.com.au



Parentingideas Schools
Building Parent-School Partnerships

PARENTS & FRIENDS ASSOCIATION

COMMUNITY BUSINESS DIRECTORY 2015 FUNDRAISER

email: admin@aitkencollege.edu.au

You still have time to purchase a space for 2015!

This is a very inexpensive way to advertise your business for a twelve month period. Aitken families (and friends) may purchase a space for \$50.00 to promote their business in the 2015 Community Business Directory. The proceeds from this fundraiser will be used by the Parents & Friends Association to improve the College environment, facilities and equipment, for the benefit of all our students.

To be part of this most valuable fundraiser, please complete the attached form and return with your payment to the Accounts office as soon as possible

Current bookings include:

ACCOUNTING & FINANCIAL SERVICES

Mortgage Choice

Mortgage Broker, Financial Planner and Insurance – we provide a free service for finding the best mortgage to suit your needs. We also provide a financial planning service and insurance.

Contact details:

Chris Howitt

☎ 9333 4370 m: 0401 334 599

📧 E: chris.howitt@mortgagechoice.com.au

SBC Business Services Pty Ltd

With over 30-years' experience I can service all your taxation, accounting and business needs.

Contact details:

Bernadette Crane, CPA

☎ 9308 1382 m: 0427 941 760

📧 E: sbcbusiness@iprimus.com.au

BUILDING SUPPLIES

Artistic Stile & Stone [ABN: 32 288 569 078]

Supplier of quality wall and floor tiles, stone and mosaics. Supplier of tiling materials and accessories.

Contact details:

Lucy Costa

☎ m: 0430 293 255

📧 [coming soon and Facebook](#)

📧 E: info@artisticstileandstone.com.au

Pro Design Tiling Solutions [ABN: 32 288 569 078]

Covering all of Melbourne, we are a trusted and experienced tiling company which provides services for the following:

Porcelain Ceramic Tessellated Terracota Mosaic Stone (external and internal)
waterproofing screeding sealing; and caulking

We have all appropriate insurances for your peace of mind.

Contact details:

Paul Costa

☎ m: 0407 571 641

📧 www.prodesigntiling.com.au and Facebook

📧 E: info@prodesigntiling.com.au

CLEANING – DOMESTIC & COMMERCIAL

Lincoln Cleaning

All types of cleaning. Specialising in carpet and rug steam cleaning, window washing, driveways and patios. Please contact us for a free quote.

Contact details:

Eileen Arsovski

☎ m: 0412 119 168

📧 E: eileen.arsovski@hotmail.com

Lupco Arsovski

m: 0404 799 780

E: arl.2008@hotmail.com

DANCE STUDIO

The Dance Room

The Dance Room offers classes in Jazz, Tap, Ballet, Hip Hop, Breakdance, Acrobatics and Singing. We have three locations - Tullamarine, Glenroy and West Brunswick. First class free.

Contact details:

Marnie Petch

☎ 9338 2065 m: 0418 883 608

📧 www.the.dancerroom.net

E: marnienelson@bigpond.com

PARENTS & FRIENDS ASSOCIATION

COMMUNITY BUSINESS DIRECTORY 2015 FUNDRAISER

email: admin@aitkencollege.edu.au

DENTAL

FirstBite Dental - Essendon

Welcome to FirstBite Dental – Essendon. You've just found one of the most comprehensive dentists in Essendon. As an accredited Dental Practice with ADA, FirstBite Dental offers complete cosmetic dentistry, general dentistry and orthodontic services.

Contact details: Aurora Hauth
☎ 9379 1893
🌐 www.firstbite.com.au

Greenvale Dental Group

Greenvale Dental Group is your local dentist located inside the Greenvale Shopping Centre. Dr Soraya Eakins and her team are passionate about modern, gentle dentistry – specialising in family, emergency, sedation and cosmetic dentistry.

Contact details: Greenvale Dental Group
☎ 9333 6854
🌐 www.greenvaledentalgroup.com.au

HAIR & BEAUTY

Hair 4 Kids – Airport West

Hairdressing for babies, toddlers, primary and secondary school kids. A colourful salon where children can play PlayStation and watch DVD's whilst waiting. We at the salon also provide haircuts for families.

Contact details: Con Hondrogiannis
☎ 9310 4696
🌐 [Facebook- Hair4Kids – Airport West](#) E: hair4kidsairportwest@gmail.com

Perfect Pout Hair & Make-up

Almost 10-years in the Bridal industry – specialising in hair and airbrush make-up, which lasts up to 24-hours – tear and perspiration proof- and gives a flawless finish to the skin, making it perfect for HD photography.

Contact details: Helen Shamsabadi
☎ m: 0419 520 905
🌐 www.perfectpout.com.au E: info@perfectpout.com.au

Synergy Hair Beauty Massage

Full service salon specialising in hairups, hairdressing, make-up, spray tans, waxing, facials and massages. Deb packages are available including hair, spray tan, nails and makeup. Call our friendly salon and book now.

Contact details: Deb Casey
☎ 9744 1635 m: 0408 054 483
🌐 www.synergyhbm.com.au E: accounts@synergyhbm.com.au

HEALTH & FITNESS

Julie's Fitness Studio

Personal trainer to improve your health and fitness in a very private studio with complete gymnasium – quality gym equipment, weight loss program and body toning. Pricing: \$30 per 1-hour session (group sessions also available).

Contact details: Julie Theuma
☎ m: 0425 719 444

MEDICAL SERVICE

Westmeadows Medical Centre

Contact details: ☎ 9338 2305
🌐 www.westmeadowsmc.com.au E: pracnurse_westmeadows@yahoo.com.au

MUSIC LESSONS

Greenvale Music School

Music lessons for all ages and levels, in the following instruments: Piano, Violin, Guitar, Drums, Flute, Clarinet, Saxophone and Singing.

Contact details: Jenaye Lanser-Block
☎ m: 0401 497 612
🌐 E: greenvalemusicschool@gmail.com

PARENTS & FRIENDS ASSOCIATION

COMMUNITY BUSINESS DIRECTORY 2015 FUNDRAISER

email: admin@aitkencollege.edu.au

PROPERTY MAINTENANCE / HANDYMAN

Hire A Hubby Greenvale

Handyman Services, Pool Fencing, Glass and Stainless Steel Balustrades, Welding, Privacy Slat Fencing, Land Scaping, Tiling, Plaster Repairs, Painting and much more.

Contact details:

Richard Robinson

☎ m: 0414 825 127

🌐 www.hireahubby.com.au

E: hahgreenvale@bigpond.com

TENNIS & FITNESS

Complete Tennis Services

We are affiliated with Tennis Australia and provide tennis programs as well as competitions for the whole family, including: Hotshots, Tennis Xpress, Cardio Tennis, Fast4 Competitions and social events. We have three locations in Hume: Craigieburn and Greenvale Tennis Clubs and the new Hume Tennis and Community Centre.

Contact details:

Nathan Xuereb

☎ 1300 486 382

🌐 www.humetennis.com.au

E: nathan@humetennis.com.au

TRAVEL

Michelle Magee – Travel Manager

Let's face it, whether overseas or within Australia, organising a family holiday is time consuming. Take back your precious time by allowing me to organise everything for you. Conveniently located in Greenvale within walking distance of Aitken College. Email, phone, pop in, or I'll come to you. Let's talk Travel!

Contact details:

Michelle Magee

☎ 0435 768 991

🌐 www.travelmanagers.com.au/ptm/MichelleMagee/

E: michelle.magee@travelmanagers.com.au

TRANSPORT

Bill Kerry Machinery Transport Pty Ltd

Crane Truck Hire – “we lift and shift”

Transport and placement of all types of machines, factory relocations, switchboards, sheds, containers, new house beams, trusses, statues, stone, air conditioners onto roof tops, water tanks, etc. Unusual items are our speciality.

Contact details:

Michael Kerry

☎ m: 0417 396 795

🌐 www.bkmt.com.au

E: info@bkmt.com.au

TUITION

Art Studio – Drawing and Painting

The Studio provides Drawing and Painting Tuition for students of all ages. After school classes are run by a qualified teacher in small groups with materials provided..

Contact details:

Silvia Parisi

☎ m: 0414 466 572

Hume Maths and English Tutoring

Year 4, 5 and 6 Maths and English tutoring. Available in Greenvale, Attwood, Westmeadows, Gladstone Park, Tullamarine and Craigieburn. For further details, please phone Yullia on 0405 380 267.

Contact details:

Yullia Beteramia

☎ m: 0405 380 267

🌐 E: yulliabeteramia@yahoo.com

oooOooo

[16/10/15]

Thank you to all the above service providers for submitting your applications.

Yours sincerely

Siobhan Short

President - Aitken College Parents & Friends Association



PARENTS & FRIENDS ASSOCIATION

COMMUNITY BUSINESS DIRECTORY 2015 FUNDRAISER

email: admin@aitkencollege.edu.au

\$50.00 PER SPACE

Please complete and return this form – with your payment to the Accounts office as soon as possible

FAMILY NAME: _____

PHONE: _____ MOBILE: _____

EMAIL: _____

BUSINESS NAME: _____

BUSINESS TYPE: _____

BUSINESS ADDRESS: _____

Postcode _____

BUSINESS PHONE NUMBER: _____ BUSINESS MOBILE: _____

BUSINESS WEBSITE: _____

BUSINESS DESCRIPTION: (50 words or less)

CHEQUE \$ _____ payable to Aitken College Parents & Friends Association

CASH \$ _____

CREDIT CARD: MasterCard Visa Amex

Card Number:

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Expiry Date:

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\$ _____

Name on Card: _____ Signature: _____ Date: ___/___/2015